



LIMESTONE
EQUITY AND INCLUSION OFFICE

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Dietary Accommodations Policy and Procedures

At Limestone College, we are deeply dedicated to the full participation of students with disabilities in all aspects of college life, including dining experiences. Sodexo Dining Services is committed to providing a well-balanced meal plan offering a variety of food options to students at each meal. By making wise choices at each meal, students are able to maintain a healthy diet.

Occasionally, students have special dietary needs and require an accommodation to the meal plan in the form of a special diet. Many times, these needs can be met by Sodexo Dining Services. Exemptions to the full meal plan are rare. They are made solely for documented health conditions that require medically and necessitated diets that cannot be accommodated by Sodexo.

- Exemptions are only granted when the Dining Services program is not able to meet the dietary needs of the student as substantiated through medical documentation.
- Exemptions for reasons such as vegetarian diet, work/class/practice schedule, having access to a kitchen, or personal preferences will not be considered.
- Meal plan exemption requests due to disability-related needs must be submitted to the Equity and Inclusion Office (Fort D, 201B). If a disability-related need exists, an Equity and Inclusion team member will refer the student to Sodexo to develop and implement an action plan to address the dietary needs of the student in consultation with the student.
- Outcome of exemption request will be provided via email to your Limestone College email address.

These commonly heard reasons ARE NOT grounds for exceptions:

I don't like the food.

The meal schedule does not fit my personal schedule.

I am a vegetarian or vegan.

I cannot afford to be on a meal plan.

I have more meals than I can use.

I don't eat all my meals.

If you are petitioning for a meal plan exemption, the exemption form and documentation must be submitted by April 1st for the fall semester and November 1st for the spring semester to allow adequate time to schedule a meeting between Sodexo and the student.

Requests submitted after that date will be considered for future terms. Requests for exemptions must be submitted annually. Exemptions do not automatically renew each year.

In order to ensure the provision of reasonable and appropriate documentation, current and comprehensive documentation is required. Please have your physician complete the Medical Documentation form which can be obtained from Student Services or online.

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