

Athletic Training Program

Athletic Training Student (ATS) Handbook 2021-2022

**Section I:
Standards of Conduct**

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Please Note: The ATS Handbook describes all of the necessary components of the Athletic Training Program for faculty, staff, students, and Clinical Preceptors. Every effort will be made to follow the components of the program as outlined in this handbook; however, the Athletic Training Program reserves the right to modify this document.

Athletic Training Program Professional Expectations

“Athletic Trainers are healthcare professionals who collaborate with physicians to optimize activity and participation of patients and clients. Athletic training encompasses the prevention, diagnosis and intervention of emergency, acute and chronic medical conditions involving impairment, functional limitations and disabilities. Athletic Training is recognized by the American Medical Association (AMA) as a healthcare profession.” (CAATE, 2012)

Reference:

Commission on Accreditation of Athletic Training Education. (2012).

The CAATE-Accredited Athletic Training Program at Limestone University is responsible for the professional preparation of students for entry-level careers in Athletic Training. Students accepted into the Athletic Training Program are expected to adhere to the BOC Standards of Professional Practice, NATA Code of Ethics, State Practice Acts, ATS Code of Conduct, Academic Catalog, Gaslight Handbook, Student Code of Conduct, ATS Handbook, and all Limestone University policies, procedures, rules and/or regulations. Any College sanctions and penalties will be observed by the Athletic Training Program. Individuals found in violation of these policies will be subject to Disciplinary Procedures.

BOC Standards of Professional Practice may be found:

http://www.bocac.org/system/document_versions/versions/171/original/boc-standards-of-professional-practice-2019-20181207.pdf?1544218543

NATA Code of Ethics may be found:

<https://www.nata.org/membership/about-membership/member-resources/code-of-ethics>

ATS Code of Conduct

The Athletic Training Program expects to students to demonstrate the following characteristics: accountability, respect, confidentiality, competence, integrity, diversity, and communication.

1. Accountability: Attend class and clinical hours, arrive on time, and return from break in a timely manner.
 - Participate in activities and assignments.
 - Complete work in a timely fashion and according to directions provided.
 - Come to class prepared, with readings and other homework completed.
 - Provide Clinical Preceptors with a monthly schedule and adhere to the schedule.
 - Conduct yourself in a responsible and mature manner.
2. Respect: Treat all faculty, staff, students, medical personnel, and patients with dignity and respect at all times.
 - Listen while others are speaking.
 - Give feedback in a constructive manner.
 - Approach conflict in a cooperative manner
3. Confidentiality: Regard all personal or medical information that you hear about a faculty, staff, student, medical personnel, and/or patient as strictly confidential.
 - Maintain any information shared in class and/or clinical setting.
4. Competence: Apply yourself to all academic and clinical endeavors with seriousness and conscientiousness. Meet all deadlines and strive for improvement.
 - Come to class prepared with texts, handouts, syllabus, paper, and pens.

- Seek appropriate support when having academic and/or clinical difficulties.
 - Take responsibility for the quality of completed tests, assignments, and projects.
 - Strive for awareness of issues that may impede your effectiveness as an athletic trainer.
5. Integrity: Practice honesty with yourself, faculty, staff, students, medical personnel, and patients. Constantly strive to improve your abilities.
- Commit yourself to learning the rules of citing other's work properly.
 - Do your own work and take credit only for your own work.
 - Adhere to the professional standards, code of ethics, and state practice acts that govern the profession of Athletic Training.
 - Adhere to the policies and procedures set forth by Limestone University and the Athletic Training Program.
 - Acknowledge areas where improvement is needed.
 - Accept and benefit from constructive feedback.
6. Diversity: Strive to become more open to various people, ideas, and creeds.
- Demonstrate an understanding of cultural competence.
 - Demonstrate situational awareness.
7. Communication: Strive to improve both verbal and written communication skills.
- Demonstrate assertive communications with faculty, staff, students, medical personnel, and patients.
 - Practice positive, constructive, respectful, and professional communication skills.
 - Be aware of body language.

The Athletic Training Program, in conjunction with its disciplinary procedures, may terminate a student's participation in the program on the basis of professional non-suitability if the faculty determines that a student's behavior has constituted a significant violation or pattern of violations of the NATA Code of Ethics or ATS Handbook. These violations may include but are not limited to:

1. Failure to meet or maintain academic grade point requirements as established by the Limestone University and the Athletic Training Program.
2. Academic cheating, lying, or plagiarism. Behavior judged to be in violation of the NATA Code of Ethics.
3. Failure to meet generally accepted standards of professional conduct, personal integrity or emotional stability requisite for professional practice.
4. Engaging in a romantic relationship of any type with any member of the athletic team/staff to which the student is assigned.
5. Inappropriate or disruptive behavior toward faculty, staff, students, medical personnel, and/or patients.
6. Documented evidence of criminal activity occurring during the course of study.

Disciplinary Procedures

The following procedures are put into place to help ensure the smooth operation of the Athletic Training Program and to provide understanding to all parties involved of the expectations for the student. These procedures are applicable to disciplinary issues, Athletic Training Program policies, academic standards and Limestone University policies. Violation of rules and regulations may be deemed as either a minor offense or a major offense. Disciplinary actions due to violations of above policies are considered cumulative in nature.

Minor offenses may include, but are not limited to, dress code violations, tardiness to clinical education experiences, and/or failure to complete required documentation. Accumulation of three minor offenses within a level will result in the student moving to the next disciplinary level.

Major offenses may include, but are not limited to, failure to attend assigned clinical educational experience, insubordination, failure to perform duties in a professional manner, violation of Athletic Training Program policies, and/or violation of the ATS Code of Conduct or Student Code of Conduct. All major offenses will be written up and the student will be subject to a meeting with the Athletic Training Program faculty and staff. Students will be subject to disciplinary action taken by both the College judicial process and the Athletic Training Program procedures listed below. With each consecutive offense the student will move up a level.

Disciplinary Level 1: For each minor offense or major offense, the student will receive a verbal warning from the instructor of record, Clinical Preceptor, or athletic training staff member. The warning should include the offense and a discussion regarding the resolution of the stated problem. The warning should be documented in the ATS Student Portfolio.

Disciplinary Level 2: If the student has a fourth minor offense or a second major offense he/she will receive a written notice and be required to attend a meeting with the PD, CEC, and Clinical Preceptor. During the meeting, the student will be given the chance to express his/her interpretations/concerns of the violation(s). After hearing all relevant evidence, a decision will be rendered as to the type of disciplinary action, if applicable. In the event of disciplinary action, notification will be given to the Chair of the Physical Education, Athletic Training, and Sport Management Department. The PD reserves the right to inform appropriate personnel/offices on campus. If disciplinary action is taken, the student has the right to appeal.

Disciplinary Level 3: On the seventh minor offense or the third major offense the student will be immediately dismissed from the Athletic Training Program.

Please note that each case will be dealt with on an individual basis and some violations may warrant a first offense falling under disciplinary level 2 or 3. If a student is in violation of the Student Code of Conduct he/she will be referred to the appropriate authorities.

Clinical Education: Students may be removed from a clinical experience for a day or entire semester, if they are not following Athletic Training Program policies and procedures, and have been given adequate notice and/or warning.

A sample Disciplinary Notification Form is located in the Appendices on **p. 88**.

Athletic Training Program Grievance Process

In the event that a student wishes to file a complaint and/or challenge disciplinary action of the Athletic Training Program, he/she must decide within 72 hours following the meeting with the PD, CEC, and Clinical Preceptor. The student should submit a written request to the Chair of the Athletic Training, Nursing, and Health Sciences Department stating the grievance. The written request must thoroughly explain the circumstances of the disciplinary action and why the student believes the disciplinary action to be unwarranted.

If the grievance is not resolved by the Chair of the Athletic Training, Nursing, and Health Sciences Department to the student's satisfaction, the student may forward the complaint to the Dean of the School of Natural and Health Sciences within 72 hours of the receipt of the Chair of the Athletic Training, Nursing, and Health Sciences Department decision.

If the grievance is not resolved by the Dean of the School of Natural and Health Sciences to the student's satisfaction, the student may forward the complaint to the Provost, within 72 hours of the receipt of the Dean of the School of Natural and Health Sciences decision. The decision of the Provost should be considered final.

In the event that the disciplinary action of the Athletic Training Program is a result of a violation of Student Code of Conduct and/or other Limestone University policies, procedures, rules, and regulations, the student should refer to the Appeals Process in the Gaslight Handbook.

**Limestone University
Athletic Training Program**

ATS Handbook Agreement

I, _____ (print name), have thoroughly read and understand all of the policies, procedures, and conditions that are set forth in the ATS Handbook. I have been given ample opportunity to have any and all of my questions answered regarding the policies, procedures, and conditions of Limestone University's Athletic Training Program. Furthermore, my signature on this document signifies that I agree to comply with all of the policies, procedures, and conditions in the ATS Handbook, and I authorize the release of pertinent personal information and documentation by the Athletic Training Program to applicable parties as related to my education. This includes but is not limited to the Office of Academic Affairs, Office of Student Services, and/or Affiliate Clinical Sites. I am aware that at any time if I am in violation of the policies, procedures, and/or conditions set forth in this Handbook, that disciplinary procedures will be invoked. I am also aware, that if I choose to leave the Athletic Training Program or am dismissed from the Athletic Training Program, I forfeit all scholarships awarded through Athletic Training Program and may lose work study funding through this particular department.

Student Signature: _____ Date: _____

Confidentiality Agreement

I, _____ (print name), have participated in Confidentiality, FERPA, and HIPAA Training. Furthermore, my signature on this document is an agreement to maintain complete confidentiality in regard to any personal or medical information during and after my **Athletic Training Program clinical experiences at Limestone University, internship and general medical rotation at affiliate clinical sites, and/or work study employment.** I understand that I am prohibited to disclose any confidential information to any person or entity, or to utilize any information for any purpose, except in the course of my day to day responsibilities within the Athletic Training Program and Athletic Training Department. I understand that the release of any confidential personal or medical information is regulated by state and federal law, and may result in my dismissal from the Athletic Training Program or the immediate termination of my work study employment.

Student Signature: _____ Date: _____

**Section II:
Academics**

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Limestone University Mission Statement

The mission of Limestone University is educate students from diverse backgrounds in the liberal arts and selected professional disciplines. By providing degree programs throughout South Carolina and by way of the Internet, Limestone University offers opportunities for personal and professional growth to individuals who may find access to higher education difficult.

In a nurturing, supportive environment based on Christian ideals and ethical principles, students are challenged to become critical thinkers and effective communicators who are prepared for responsible citizenship, successful careers, and graduate study.

The College's faculty and staff, academic and co-curricular programs, financial resources, and support services are dedicated to an educational climate that upholds high academic standards and fosters respect for learning and beauty, creativity and hard work, tolerance and personal integrity, vigorous activity and spiritual reflection.

Athletic Training Program Mission Statement

It is the mission of the Athletic Training Program at Limestone University to provide our students with a well-rounded liberal arts education that is grounded with quality instruction and hands-on clinical experiences, which will ultimately prepare them for a career in the athletic training profession. It is also our mission to produce competent, confident, and dedicated professionals who are enabled to function independently in a variety of settings. Upon meeting all graduation requirements and passing the Board of Certification (BOC) Examination, students will find themselves prepared for an entry-level position within the profession.

Athletic Training Program Goals and Objectives

Goal 1: Students will possess the utmost moral, legal, and ethical behaviors of academic, personal, professional, and social integrity.

Objective 1: Exhibits ethical practice (treats people equally, maintains confidentiality, adheres to NATA Code of Ethics) in a variety of settings and populations.

Objective 2: Remain a member in good standing in the Athletic Training Program, the institution, and student/professional organizations.

Objective 3: Recognizes the importance of continued professional development.

Goal 2: Students will develop the skills and values necessary for employment as an entry-level athletic trainer through individual and collaborative effort.

Objective 1: Utilize measures to promote health and prevent injury/illness.

Objective 2: Perform an accurate clinical evaluation and arrive at an appropriate diagnosis.

Objective 3: Initiate immediate emergency care.

Objective 4: Integrate appropriate therapeutic interventions into the patient's treatment and rehabilitation plan.

Objective 5: Demonstrate organization and professional health and well-being.

Goal 3: Students will utilize evidence-based practice and advanced critical thinking skills as entry-level athletic trainer.

Objective 1: Gather, synthesize, and analyze original research.

Objective 2: Synthesize information and make appropriate deductions/decisions.

Goal 4: Students will effectively communicate and interact with health professionals in a variety of settings.

Objective 1: Utilize effective oral communication in academic and clinical settings.

Objective 2: Demonstrate the ability to communicate in written form

Objective 3: Demonstrate the ability to utilize current technology to enhance communications/ disperse information to the public.

CAATE Accreditation

The Athletic Training Program at Limestone University is accredited by the Commission on Accreditation of Athletic Training Education (CAATE), 6850 Austin Center Blvd., Suite 100, Austin, TX 78731-3101. Students who pursue this major will earn a Bachelor of Science Degree in Athletic Training and will be enabled to challenge the Board of Certification (BOC) Examination.

Admission Requirements for the Athletic Training Program

PLEASE NOTE: THE ATHLETIC TRAINING PROGRAM IS NO LONGER ACCEPTING NEW STUDENTS.

Observation Period

Students interested in the Athletic Training Program must go through an observation and application process. Admittance to the program occurs at the conclusion of the spring semester. Students must enroll in AT 180: Fundamentals of Athletic Training, AT 188: Athletic Training Practicum, AT 201: Emergency Care in Athletic Training, BI 101: Introduction to Biology I or BI 110: Fundamentals of Biology, BI 210: Anatomy and Physiology I, BI/PE 285: Medical Terminology, and complete a 50-hour observation period prior to making their application for the Athletic Training Program.

Observation Hour Expectations

Applicants must complete 50 observation hours and follow all policies and procedures set forth in ATS Handbook, including the code of conduct. Bloodborne pathogen training must occur prior to the student beginning observation hours. Applicants may not perform skills on patients but are expected to be active observers.

Application Period

After the completion of the approximately 12-week rotation period and the accumulation of 50 observation hours during the spring semester, students are eligible to make their application to the Athletic Training Program. In order to apply, students must complete an Athletic Training Program Admission Form and an Athletic Training Program Admission Recommendation Form. Students must also submit a letter of intent stating why they desire an Athletic Training Major along with three letters of recommendation. The following documents must be included with the Athletic Training Program Admission Form: medical history and physical examination, health insurance, immunization record, proof (or declination) of the Hepatitis-B vaccination series, technical standards, bloodborne pathogen and disease prevention training, confidentiality/FERPA training, a signed ATS Handbook, and Confidentiality Agreement, and Active Communicable/Infectious Disease Policy.

The Athletic Training Program Admission Form is available at <https://my.limestone.edu/formstack/1119302>, which is a Formstack link. All of the materials needed for application to the Athletic Training Program will be loaded into this link.

The Athletic Training Program Admission Recommendation Form is available at <https://my.limestone.edu/academic-divisions/natural-and-health-sciences/athletic-training/forms>. All forms needed to apply for the Athletic Training Program are available at this link.

After submission of the required materials, the Athletic Training faculty and staff will interview prospective students.

The number of applicants accepted and enrolled in the Athletic Training Program is limited by an 8:1 student/preceptor (on campus) ratio due to the highly individualized, "hands-on" nature of this program. The number of applicants chosen will be based on the number of empty slots in the program. Fulfillment of the stated requirements is not a guarantee of acceptance into the Athletic Training Program. Students that are not accepted in the Athletic Training Program are welcome to reapply the following spring semester.

Admission Criteria

Admission into the Athletic Training Program is based on the following criteria:

- A minimum 2.75 cumulative GPA.

- A "C" or better in AT 180: Fundamentals of Athletic Training, AT 188: Athletic Training Practicum I, and AT 201: Emergency Care in Athletic Training.
- A "C" or better in BI 101: Introduction to Biology I or BI 110: Fundamentals of Biology, BI 210: Anatomy and Physiology I, and BI/PE 285: Medical Terminology
- Completion of a 50 hour observation period.
- Submission of an application, letter of intent, and three letters of recommendation.
- An interview with the Athletic Training faculty and staff.
- Demonstration of skills and traits (dependability, responsibility, integrity, initiative, and communication skills) that are mandatory for an entry-level certified athletic trainer.
- Verification of a Medical History and Physical Examination.
- Verification of Health Insurance.
- Verification of Technical Standards.
- Verification of Bloodborne Pathogen and Disease Prevention Training.
- Verification of Immunization Records.
- Verification/declination of the Hepatitis-B vaccination series.
- Verification of confidentiality/FERPA training
- A signed ATS Handbook, Confidentiality Agreement and Active Communicable/Infectious Disease Policy.

A copy of the Athletic Training Program Application and Recommendation Form is available in the Appendices on **pp. 38-39** and **p. 40**.

Weighted Criteria

Admission to the Athletic Training Program is competitive and objective criteria must be established to justify the selection of qualified applicants into the program. Upon declaring intent to go through the application and observation period, students are provided with a checklist that states the criteria that must be successfully completed in order for the student to be considered for the program.

The final determination of students who will be admitted to the Athletic Training Program is based on the following criteria: Grades in AT 180: Fundamentals of Athletic Training, AT 188: Athletic Training Practicum I, AT 201: Emergency Care in Athletic Training, BI 101: Introduction to Biology I OR BI 110: Fundamentals of Biology, BI 210: Anatomy and Physiology I, and BI/PE 285: Medical Terminology (24 points), Completion of Clinical Rotations (7points), Submission of various documents and verification of training (13 points), and Interview (6 points). Points will be added up on each student. In the event that the number of slots is limited, these points will determine who is admitted. Fulfillment of the stated requirements is not a guarantee of acceptance into the Athletic Training Program. A sample form is available in the Appendices on **pp. 41-42**.

Transfer Students

Transfer students who desire an Athletic Training Major must go through the initial observation and application process. Academic coursework and clinical education experiences will be evaluated on an individual basis to determine the appropriate level at which the student should begin coursework within the Athletic Training Program. Classes containing cognitive competencies will be evaluated to see which, if any, fulfill the Athletic Training Program requirements. Classes containing psychomotor competencies will require a challenge examination. Course credit will be awarded after a student has taken the challenge examination and demonstrated proficiency of those competencies. The student will have the first semester of enrollment to take the challenge examination and demonstrate proficiency of psychomotor competencies. The Athletic Training Program does not accept Athletic Training courses from institutions that are not accredited by CAATE.

Costs Associated with the Athletic Training Major

- Physical examination (*varies*)
- Hepatitis-B series vaccination (*varies*)
- Health insurance (*varies*)
- Tuberculosis skin test (*varies*)
- Influenza vaccine (*varies*)

- Transportation to and from off-campus sites
- Uniforms (*approx. \$85.00. Other items may be purchased as needed*)
- Day Student Fee (*\$550.00/semester for lab fees, parking fees, and technology fees*)
- Membership dues to NATA (*approx. \$80.00/year. Required for Junior and Senior students*)
- Professional Student Liability Insurance (*approx. \$40.00/year. Required on an annual basis after acceptance into the Athletic Training Program*)
- ATrack (*\$45.00/year*)
- Criminal Background Check (*\$51.00*)
- Drug Test (*\$37.00*)
- Castlebranch (*\$35.00*)
- BOC Examination (*\$365.00*)

Medical History, Physical Examination, and Immunization Record

Upon entrance to Limestone University all students must submit an online Medical History form. Students are required to obtain a physical prior to admission to the Athletic Training Program. This is just to ensure that the student is in a state of good health and able to meet the technical standards associated with the Athletic Training Program. The physical examination must be signed off by an MD/DO. Additionally, students must submit an immunization record that minimally indicates immunity to measles, tetanus, meningitis (recommended), hepatitis B, and tuberculosis. The varicella vaccine is recommended as well.

Hepatitis-B Vaccination

Students are required to obtain the hepatitis-B vaccination series or to sign a declination form. The vaccination is available in the Limestone University Health Center, Cherokee County Health Department, and/or at the office of the student's physician.

Technical Standards

The Athletic Training Program at Limestone University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. The technical standards set forth by the Athletic Training Program establishes essential qualities considered necessary for students admitted to the program to achieve the knowledge, clinical skills, and physical demands of an entry-level Athletic Trainer and to meet the expectations of the program's accrediting agency (CAATE). Students who apply to the Athletic Training Program must demonstrate and a minimum level of physical and cognitive ability and fulfill the program's technical standards. All technical standards are in accordance with Limestone University's policies and procedures. A copy of the Technical Standards is available in the Appendices on **pp. 43-44**.

Limestone University will attempt to make all reasonable accommodations for students with certified disabilities. Students who have a physical or learning disability that may impact their academic performance should inform instructors at the beginning of each course.

Reasonable accommodations will be made upon the presentation of documentation from a registered psychologist, psychiatrist, or physician. Students should submit their documentation to:

Selena Blair
 Director, Office of Equity and Inclusion
 Fort Hall D, Room 201 B
 Limestone University, 1115 College Drive, Gaffney, SC 29340
ssblair@limestone.edu, 864-488-4394

Technical Standards are addressed and signed during the observation and application period.

One-Sport Policy

Student-athletes are eligible to apply for admission to the Athletic Training Program; however, it is imperative that student-athletes and coaches understand that the clinical education component of the program will at times conflict with sports.

Students participate in a structured sequence of academic and clinical education courses and in order to be successful in the program, they must be aware of the following requirements:

- All students must limit their sport involvement to one sport per academic year following the completion of their freshman year. Students that participate in Indoor/Outdoor Track and Field must designate one semester as their off-season. During the off-season, athletic training responsibilities will take precedence over sporting events.
- All students must designate a semester as their off-season in order to fulfill the out-of-season requirements, which are available in more detail on **pp. 24-25**.
- All students must be able to provide the Clinical Education Coordinator (CEC) and their assigned Clinical Preceptor with a monthly schedule for clinical hours. Coaches need to be aware that this schedule should include practice and competition times so that all parties can plan accordingly.
- All students that participate in intercollegiate athletics must fulfill all academic and clinical education courses/experiences.
- All students must participate in a general medical rotation and an internship at affiliate clinical sites.

Statement of Non-Discrimination

Limestone University provides equal opportunity and affirmative action in education and employment for all qualified persons regardless of race, color, religion, sex, national origin, age, disability, sexual orientation, veteran status or genetic information. These equal opportunity provisions include, but are not limited to admissions, employment, financial aid and student services.

Limestone University prohibits sex discrimination and sexual harassment, including sexual violence. It is the policy of Limestone University to actively recruit minority students. The College will recruit students from high schools that enroll significant numbers of minority students. Limestone University will identify appropriate high schools in South Carolina, Georgia, Florida, North Carolina, New Jersey, New York, and Maryland.

Moreover, in compliance with section 668.44(A)(6) of the United States Department of Education, Office of Post Secondary Education Publication, "current student aid and other related regulations", Limestone University has installed ramps and restrooms accessible to individuals with disabilities in recently renovated buildings to comply with ADA requirements and will incorporate similar provisions in any future renovation of campus facilities.

Limestone University has also made extraordinary efforts to accommodate students with disabilities, both through the Accessibility office, which assists with appropriate accommodations at no additional charge, and through the Program for Alternative Learning Styles (PALS); an accountability program specifically for students with learning disabilities.

The following person has been designated to handle inquiries regarding the American with Disabilities Act, the Rehabilitation Act, and related statutes and regulations:

Selena Blair
Director, Office of Equity and Inclusion
Fort Hall D, Room 201 B
Limestone University, 1115 College Drive, Gaffney, SC 29340
ssblair@limestone.edu, 864-488-4394

The following person has been designated to handle inquiries regarding non-discrimination policies and to serve as the overall co-coordinators for purposes of Title IX compliance:

Selena Blair
Director, Office of Equity and Inclusion
1115 College Drive
Fort Hall D, Room 201 B
Gaffney, SC 29340
864-488-4394

Stacey Mason
Associate Provost of Student Success
1115 College Drive
Cooper East 110
Gaffney, SC 29340
864.488.4540

For more information about Limestone College's policies which are in accordance with Title IX, policies prohibiting discrimination, and domestic violence, dating violence, sexual harassment and stalking, and for a description of grievance procedures, please visit www.limestone.edu/knowyourrights.

Academics

Academic Advisement

All Athletic Training Majors should be advised by the Athletic Training Program Faculty.

Academic Requirements

In order to remain in good standing within the Athletic Training Program, the following academic requirements must be maintained:

- A minimum 2.75 cumulative GPA
- A "C" or better in all Athletic Training Courses. Failure to earn a "C" or better will result in suspension from the Athletic Training Program until the student retakes in the course. The student must earn a "C" or better in order to progress in the Athletic Training Program.
- A "C" or better in BI 101: Introduction to Biology or BI 110: Fundamentals of Biology, BI 210: Anatomy and Physiology I, and BI 211: Anatomy and Physiology II. The student must earn a "C" or better in order to progress in the Athletic Training Program.

Graduation Requirements

In order to graduate with a Bachelor of Science in Athletic Training, Students must meet the following criteria:

- A minimum of 2.75 cumulative GPA.
- A "C" in all athletic training courses.
- A "C" or better in BI 101 or BI 110, BI 210, BI 211, BI/PE 285, MA 200, PE 201, PE 301, PE 302, PE 333, and PS 101

Academic Probation

Students may be placed on academic probation for the following reasons:

- A cumulative GPA that is below 2.75.

Student cumulative GPAs are evaluated at the end of each semester, and if the required 2.75 is not met, the student will be notified via email correspondence of their probationary status by PD. Students are limited to two consecutive probation semesters, and may only be placed on academic probation one time during their academic career. If the student has been unable to attain Athletic Training Program standards, they will be dismissed from the program or placed on academic suspension from the program until they re-take the course(s) in question. A sample Academic Probation/Suspension Form Letter is located in the Appendices on **p 45**.

Academic Suspension

In the event that a student received a grade that is below a "C" in one of their Athletic Training and Biology Courses, they will be placed on academic suspension until the course has been satisfactorily retaken. The student must make a "C" or better in the course in order to progress in the Athletic Training Program.

Students are formally evaluated at the end of each semester, and if necessary, will be notified via email correspondence of their academic suspension status by PD. Students may only be placed on academic suspension one time during their academic career. If they have been unable to attain Athletic Training Program standards, they will be dismissed from the program or placed on academic suspension from the program until they re-take the course(s) in question. A sample Academic Probation/Suspension Form Letter is located in the Appendices on **p 45**.

Course Success

Course success is defined by obtaining a grade of “C” or better in all athletic training courses. If a student does not reach this grade, they will not be allowed to continue in the athletic training course sequence until the class is completed at the “C” level, or better.

Another component of course success is that specific assignments/projects, clinical skills, case studies, and clinical integration proficiencies have been designed to meet the Athletic Training Educational Competencies and require that the student score an 80% or better. Students who fail to score an 80% or better will not pass the course. This information will be communicated in course syllabi.

Lastly, all students enrolled in the Athletic Training Program that score below 80% on written examinations in athletic training courses, including cumulative final examinations, will be required to resubmit the examination after it has been corrected for further analysis. Students who fail to correct the examinations to a satisfactory score will not pass the course. This information will be communicated in the course syllabi.

Benchmark Examinations

The Athletic Training Program will administer Benchmark Examinations during AT 388 and either AT 489 or AT 490. Students are expected to earn a 70% or better on the Benchmark Examinations. In the event that the target scores are not met, the student will be provided with an alternate examination. If the score is still not at the target level, the student will not pass the course and not be permitted to continue in the Athletic Training Program. At this time the student will be dismissed from the program or placed on academic suspension from the program until they re-take the course.

ACES Preparatory Workshop

All students are required to attend an ACES Preparatory Workshop during their senior year.

Athletic Training Program Late Policy

All assignments and assessments must be turned in/presented during class time on the due dates indicated on the schedule. Late work will be counted as a zero; however, to pass the course, some assignments and assessments must be completed to fulfill the CAATE Curricular Content Standards.

Attendance Policy

Students are expected to attend all classes. When a student’s absences exceed twenty percent (20%) of the total number of scheduled class periods in the semester or session, the student may be assigned a grade of F at the end of the class. In the event that a student is going to be absent from class s/he must contact the instructor BEFORE the class in order to make up the work.

The Athletic Training Program adheres to Limestone University’s attendance policy and will award an “F” to the student if absences exceed 20% of scheduled classes.

Athletic Training Program Classroom Attendance Policy

It is the policy of the Athletic Training Program that if students are absent from class (and the absence is unexcused), they may not participate in any clinical experiences and/or obtain clinical hours on the day of that absence.

ATP Test Corrections

Students must complete test corrections if they score below an 80% on a regularly scheduled exam and/or cumulative final examination. Test corrections must be handwritten and turned in on the ATP Test Correction Form. Due dates will be specified by the instructor. Students that do not submit the test corrections will receive a zero for the exam. A sample ATP Test Correction Form is located in the Appendices on **p 46**.

Retention Standards

In addition to specific academic requirements outlined on p. 16, retention standards are in place to ensure a student's appropriate progression through the Athletic Training Program. There is specific paperwork that has to be completed by the Athletic Training Program and the student each year: current FA/CPR/AED, BBP Training, Confidentiality/FERPA Training, Active Communicable/Infectious Disease Training, EAP Training, verification of professional liability insurance, verification of health insurance, verification ATS Handbook Agreement, Confidentiality Agreement, and Active Communicable/Infectious Disease Policy, and NATA membership. There is also specific paperwork that has to be completed and documented each semester: Evaluations, Clinical Hours, and Cumulative GPAs.

If the retention standards are not met, the student will not be permitted to progress in the program.

Athletic Training Program Required Courses

The Athletic Training Major is housed in the School Natural and Health Sciences within the Athletic Training, Nursing, and Health Sciences Department. Students are awarded a Bachelor of Science in Athletic Training degree upon the completion of a minimum of 120 credit hours. A copy of the Degree Audit is available in the LC Portal. The Bachelor of Science in Athletic Training Curricular Plan and Recommended Course Sequence is available in the Appendices on pp. 47-50.

Athletic Training Courses	Credit
AT 180 Fundamentals of Athletic Training	4
AT 200 First Aid and CPR/AED for the Professional Rescuer	2
AT 201 Emergency Care in Athletic Training	3
AT 280 Clinical Anatomy I	2
AT 281 Clinical Anatomy II	2
AT 370 Medical Conditions in Athletic Training	2
AT 380/380H Orthopedic Injury Evaluation I	4
AT 381 Orthopedic Injury Evaluation II	4
AT 383 Therapeutic Modalities in Athletic Training	4
AT 385/385H Rehabilitation in Athletic Training	4
AT 387 Basic Pharmacology and Nutrition in Athletic Training	3
AT 452 Senior Seminar	2
AT 481/481H Organization and Administration of Athletic Training	3
AT 490W Athletic Training Internship	6
AT 188,189,288, 289, 388, 489 Athletic Training Practicum	1 each
<u>Other Courses Required for the Major</u>	<u>Credit</u>
BI 101/101H General Biology	4
BI 210 Anatomy and Physiology I	4
BI 211 Anatomy and Physiology II	4
BI/PE 285 Medical Terminology	3
MA 200 Elementary Statistics	3
PE 201 Personal and Community Health	3
PE301/301H Kinesiology	3
PE 302/302H Exercise Physiology	3
PE 333 Strength and Power Development	3
PS 101/101H Introduction to Psychology	3

Course Descriptions

AT 180 Fundamentals of Athletic Training: This is an introductory athletic training course that deals with the prevention and care of injuries and illnesses as they relate to physical activity. Three hours of lecture and one hour of laboratory per week. Prerequisites: Open to prospective athletic training students or by permission of the Program Director. Credit, 4 hours.

AT 188 Athletic Training Practicum I: Application and performance of cognitive and psychomotor competencies and selected clinical proficiencies learned in Athletic Training 180. Prerequisites: Athletic Training 180, and/or permission of the Program Director. Credit, 1 hour.

AT 189 Athletic Training Practicum II: Application and performance of cognitive and psychomotor competencies and selected clinical proficiencies learned in Athletic Training 180 and 201, and assignment to a Clinical Preceptor for appropriate clinical experiences. Students supply own transportation. Prerequisites: Athletic Training 188, admission to the Athletic Training Program and/or permission of the Program Director. Credit, 1 hour.

AT 200 First Aid and CPR/AED for the Professional Rescuer: In this course, students will demonstrate knowledge and clinical skill in CPR/AED for the Professional Rescuer and Health Care Provider and Responding to Emergencies First Aid. Students must pass the certification requirements through the American Red Cross in order to progress in the Athletic Training Program. Prerequisites: Athletic Training 180 and or permission of the Program Director. Credit, 2 hours.

AT 201 Emergency Care in Athletic Training: In this course, students will be educated on theoretical and practical knowledge of prehospital emergency trauma and the medical techniques as well as overall emergency management for injuries and / or illnesses commonly seen in an athletic population. Prerequisite: AT 180 and/or by permission of the Program Director. Credit, 3 hours.

AT 280 Clinical Anatomy I: A clinical approach to the human body with emphasis on the musculoskeletal system. Topics and skills included in this course are palpation, range of motion testing, manual muscle testing, circulation testing, and neurological testing. These topics will be addressed for the shoulder, upper arm, hip, thigh, pelvis, cervical spine, head, face, eyes, ears, nose, and throat. Prerequisites: Biology 205, admission to the Athletic Training Program, and/or permission of the Program Director. Co-requisite: Athletic Training 380. Credit, 2 hours.

AT 281 Clinical Anatomy II: A clinical approach to the human body with emphasis on the musculoskeletal system. Topics and skills included in this course are palpation, range of motion testing, manual muscle testing, circulation testing, and neurological testing. These topics will be addressed for the knee, lower leg, ankle, foot, spine, trunk, wrist, hand, fingers, and elbow Prerequisites: Biology 210, admission to the Athletic Training Program, and/or permission of the Program Director. Co-requisite: Athletic Training 381. Credit, 2 hours.

AT 288 Athletic Training Practicum III: Application and performance of cognitive and psychomotor competencies and selected clinical proficiencies learned in Athletic Training 201, 280 and 380, and assignment to a Clinical Preceptor for appropriate clinical experiences. Students supply own transportation. Prerequisites: Athletic Training 189 and/or permission of the Program Director. Credit, 1 hour.

AT 289 Athletic Training Practicum IV: Application and performance of cognitive and psychomotor competencies and selected clinical proficiencies learned in Athletic Training 281, 381, and 383, and assignment to a Clinical Preceptor for appropriate clinical experiences. Students supply own transportation. Prerequisites: Athletic Training 288 and/or permission of the Program Director. Credit, 1 hour.

AT 370 Medical Conditions in Athletic Training: This course is a study of general medical conditions that can affect the systems of the human body including medical examination, diagnostic imaging and testing, and differential diagnosis. Prerequisites: BI/PE 285, admission to the Athletic training Program, and /or permission of the Program Director. Credit, 2 hours.

AT 380/380H Orthopedic Injury Evaluation I: This course is a study in the clinical evaluation and treatment of cranial, facial, eye, temporomandibular joint, shoulder, upper arm, thorax, abdomen, hip, thigh, pelvis, and cervical spine injuries as they relate to various aspects of sports medicine trauma. Three hours of lecture and one hour of laboratory per week.

Prerequisites: Biology 210, admittance to the Athletic Training Program, and/or permission of the Program Director. Co-requisite: Athletic Training 280. Credit, 4 hours.

AT 381 Orthopedic Injury Evaluation II: This course is a study in the clinical evaluation and treatment of wrist, hand, elbow, forearm, knee, patellofemoral joint, knee, lower leg, foot, ankle, and thoracic and lumbar spine injuries as they relate to various aspects of sports medicine trauma. Three hours of lecture and one hour of laboratory per week. Prerequisites: Biology 210, admittance to the Athletic Training Program, and/or permission of the Program Director. Co-requisite: Athletic Training 281. Credit, 4 hours.

AT 383 Therapeutic Modalities in Athletic Training: This course is a study of the physical principles, physiological and therapeutic effects, indications and contraindications, and the standard operating procedures of therapeutic modalities employed in the athletic training setting. Three hours of lecture and one hour of laboratory per week. Prerequisites: Athletic Training 380, 381, Biology 210 and 211, admittance to the Athletic Training Program, and/or permission of the Program Director. Credit, 3 hours

AT 385/385H Rehabilitation in Athletic Training: This course is a study of the physical principles, physiological and therapeutic effects, indications and contraindications, and the standard operating procedures of therapeutic exercises employed in the athletic training setting. Three hours of lecture and one hour of laboratory per week. Prerequisites: Athletic Training 380 and 381, 383, Biology 210 and 211, admittance to the Athletic Training Program, and/or permission of the Program Director. Credit, 4 hours.

AT 387 Basic Pharmacology and Nutrition in Athletic Training: The intent of this course is to introduce students to various pharmaceutical agents and nutritional concepts used in the prevention and treatment of injuries, illnesses, and medical conditions of the physically active. Prerequisites: Admittance to Athletic Training Program, and /or permission of the Program Director. Credit, 3 hours.

AT 388 Athletic Training Practicum V: Application and performance of cognitive and psychomotor competencies and selected clinical proficiencies learned in Athletic Training 385 and assignment to a Clinical Preceptor for appropriate clinical experiences. Students supply own transportation. Prerequisites: Athletic Training 289 and/or permission of the Program Director. Credit, 1 hour.

AT 452 Senior Seminar: This course is the capstone course for the Athletic Training Major. In this course, students will review and discuss athletic training coursework, current issues and trends in the profession, and research methodology in preparation to challenge the BOC Examination. Prerequisites: Senior status, admittance to Athletic Training Program, and/or permission of Program Director. Credit, 2 hours.

AT 481/481H Organization and Administration of Athletic Training: This course educates students in the preparation of planning, designing, developing, organizing, programming, implementing, directing, and evaluating athletic training programs. Prerequisites: AT 180, admittance to the Athletic Training Program, and/or permission of the Program Director. Credit, 3 hours.

AT 488 Athletic Training Practicum: In this course, students will be assigned to a preceptor for appropriate clinical experiences. Students supply own transportation. Prerequisites: Senior status and/or permission of the Program Director. Credit, 1 hour.

AT 489 Athletic Training Practicum VI: Application and performance of cognitive and psychomotor competencies and selected clinical proficiencies learned in Athletic Training 387 and 481, and assignment to a Clinical Preceptor for appropriate clinical experiences. Students supply own transportation. Prerequisites: Athletic Training 388 and/or permission of the Program Director. Credit, 1 hour.

AT 490W Athletic Training Internship: The student is placed in a high school or college setting to gain work-related experience consistent with the athletic training field of study. Off campus internships are held at an institution that has been established as an affiliate clinical site and students are directly supervised by a Clinical Preceptor. Students are required to meet for one hour each week with the assigned instructor of this course. Students supply own transportation. Prerequisites: Senior status, a minimum cumulative 2.5 grade point average, and be in good standing with the Athletic

Training Program and in accordance with the ATS Code of Conduct. This internship is only available for six credit hours which equates to a minimum of 250 clinical hours. Credit, 6 hours.

Please Note: The Athletic Training Program defines Clinical Preceptor as a certified/licensed professional who teaches and evaluates students in a clinical setting using an actual patient base.

BI 101W/101WH Introduction to Biology I: An introduction to the basic concepts in Biology, covering the chemical basis of life, the cell, cellular respiration, photosynthesis, mitosis, meiosis, basic concepts of genetics, evolutionary concepts and biological diversity. Laboratory required. Three hours of lecture and two hours of laboratory per week. Students may not take Biology 113 or 114 in combination with either Biology 101 or 102 to fulfill their two course general education science requirement. Biology 101 is a pre-requisite for Biology 102. Credit, 4 hours.

BI 210 Human Anatomy and Physiology I: Serve as the first half of a two part survey of the functional anatomy and physiology of the human body. This portion will include the microscopic and gross anatomy of human cells, tissues, and organs that compose the integumentary, skeletal, muscular, and nervous systems and how these body parts work and carry out their life sustaining activities. The aging process will be integrated with the appropriate systems. Biology 211 is a continuation of this course. There will be three hours of lecture and two hours of laboratory per week. Prerequisite: Biology 101 or permission of the instructor. Credit, 4 hours.

BI 211 Anatomy and Physiology II: Is a continuation of BI 210 Human Anatomy and Physiology I, and is the study of the human circulatory, respiratory, digestive, urinary, endocrine, and reproductive systems. Physiological mechanisms will be emphasized and the aging process will be integrated with appropriate systems. Three hours of lecture and two hours of laboratory per week. Prerequisite: Biology 210 Anatomy and Physiology I or permission of the instructor. Credit, 4 hours.

MA 200 Elementary Statistics: Graphical presentation of data, measures of central tendency, dispersion and ranking, basic probability, the binomial and normal distributions, estimation of parameters, hypothesis testing and measures of correlation. (Same as BA 200, EC 200, or PS 200). Credit, 3 hours.

PE 201 Personal and Community Health: An examination of the factors which influence the health of individuals and communities including physiological, psychological, environmental, and sociological perspectives on health and wellness. Credit, 3 hours.

PE 301/301H Kinesiology: The study of human movement from structural and mechanical perspectives, including the analysis of motor skills. Prerequisite: BI 210. Credit, 3 hours.

PE 302/302H Exercise Physiology: Responses and adaptations of body systems to activity stress. Prerequisite: BI 211. (Same as BI 309). Credit, 3 hours.

PE 333 Strength & Power Development: This is an advanced Strength & Conditioning course that deals with the proper execution, coaching, and technique correction of basic and advanced barbell training such as competitive Weightlifting (the Snatch and the Clean & Jerk) and competitive Powerlifting (the Squat, the Bench Press, and the Deadlift) along with many assistance and ancillary exercises. The course aims to give the student a practical understanding of anatomy, physiology, and kinesiology through the use biomechanically sound training regimens. Prerequisites: Open only to athletic training and strength & conditioning majors who have completed Biology 210 and 211, and Physical Education 301. Co-requisite: Physical Education 302 and/or by permission of the Program Director. Credit, 3 hours

PS 101/101H Introduction to Psychology: A survey of the major areas of psychological study. Scientific psychology, psychophysiological processes, sociocultural determinants of behavior, personality development, and psychopathology. Credit, 3 hours.

Financial Aid

Junior and Senior Athletic Training Program Scholarships

The Athletic Training Program may award one scholarship to a junior and senior student per academic year. Students must apply for this scholarship. The Athletic Training Program's scholarship is based on the following criteria:

- In good standing with the Athletic Training Program and in accordance with the ATS Code of Conduct.
- Consistently attending and participating in activities associated with the Athletic training Program.
- GPA: Cumulative- 3.0 (40%)
- Positive Evaluations Clinical Experience Evaluations. (20%)
- Recommendation from Clinical Preceptor that the student has worked with during the last academic year. (40%)
- Documented financial need.

To apply for the Athletic Training Program Scholarship, students must complete an application, a personal statement, and submit a recommendation from a Clinical Preceptor. Deadlines will be announced.

The Athletic Training Program Scholarship Application and Letter of Recommendation Form is available at <https://my.limestone.edu/academic-divisions/natural-and-health-sciences/athletic-training/forms>.

A copy of the Athletic Training Program Scholarship Application and the Recommendation Form is also available in the Appendices on **p. 51** and **p. 52**.

Work-Study

Work-study at Limestone University is awarded based on the student's FAFSA form and is assigned via the Financial Aid Department. Students that are eligible for work-study may apply to work in the Athletic Training Facility or for the Athletic Training Program. In either case, work-study does not take the place of the student's clinical education experiences. Typical duties include the cleaning of the facilities, field set-up and break-down, and/or clerical responsibilities. More information is available from either the Head Athletic Trainer or the PD.

Please Note: The Athletic Training Program does not provide students with any type of remuneration for their educational experiences.

**Section III:
Clinical Education**

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Please Note: The ATS Handbook describes all of the necessary components of the Athletic Training Program for faculty, staff, Students, and Clinical Preceptors. Every effort will be made to follow the components of the program as outlined in this handbook; however, the Athletic Training Program reserves the right to modify this document.

Clinical Education

Athletic Training Practicum

The foundation of the Athletic Training Program's Clinical Education Program is primarily addressed through the Athletic Training Practicum courses. The Clinical Education Program allows academic coursework and clinical skills to merge in order to provide the student with a well-rounded and practical education experience. Students participate in a curriculum that is designed and sequenced to begin with fundamental competencies/proficiencies and to progress through comprehensive skills. Students are not permitted to apply **any** clinical skills until those skills have been formally instructed and/or evaluated in the classroom/laboratory setting. Clinical skills must be completed at a minimum of 80% in order to be deemed clinically proficient and must be signed off by an on-campus Clinical Preceptors. Clinical skills will be revisited during the Athletic Training Practicum courses and students are required to achieve 80% on specific assignments/projects, clinical skills, case studies, and clinical integration proficiencies that have been designed to meet the Athletic Training Educational Competencies. Students who fail to score an 80% or better will fail the course. This information will be communicated in course syllabi.

During the Athletic Training Practicum course(s), the student has the opportunity to work on assigned clinical skills, participate in assigned clinical experiences, and interact with medical and health personnel. Students are evaluated numerous times during this course, both in the academic and clinical settings. The syllabus for the practicum courses will be distributed on the first day of class and will explain the components and expectations of Athletic Training Practicum.

Clinical Experiences

Clinical experiences provide the student with the opportunity to practice the skills in which he/she has been deemed proficient in the clinical setting. Students are allowed to participate in clinical experiences beginning their sophomore year. This allows time to progress through the program and grow as a professional.

Clinical experiences are assigned to the student to coincide with academic coursework and to provide experiences with upper extremity sports, lower extremity sports, equipment intensive sports, an internship, and a general medical rotation.

Clinical Hour Policy

Students are required to log a minimum of 7 and a maximum of 25 clinical hours per week. The 7 clinical hours per week DO NOT include labs, lectures, meetings, and/or cleaning. The clinical hours must be obtained from actual clinical experiences with the student's assigned Clinical Preceptor. Students are still expected to obtain the amount of clinical hours assigned to each Athletic Training Practicum course. Failure to complete these requirements will result in a zero for the week. **Only 10% of the student's clinical hours can be obtained from other than the assigned clinical preceptor.** These hours will not be approved by the AT Program Faculty. Students are required to take off at least one day per week. Days off should be documented in ATrack alongside of clinical hours. More information is available in the Athletic Training Practicum's syllabus.

Students can expect to spend the following clinical hours working with their assigned clinical experiences:

Athletic Training Practicum	Academic Level in Athletic Training Program	Clinical Hours
AT 188	Freshman	50 observation hours
AT 189	Sophomore	125
AT 288	Sophomore	125
AT 289	Junior	175
AT 388	Junior	175
AT 489	Senior	200
AT 490	Senior	250

Out of Season Sports

Students are required to complete at least 3 pre-treatment sessions, 2 practices (beginning of practice through post-practice treatments), and 1 game per week with their assigned Clinical Preceptor. Students may combine two of these requirements on a single day. In the event that there is no home game, the student should work an additional pre-treatment that week. These required times should be reflected on the student's monthly schedule. Failure to complete these requirements will result in a zero for the week from the Clinical Hour Portion of the Athletic Training Practicum's grade. More information is available in the Athletic Training Practicum's syllabus.

The Athletic Training Program defines Out of Season Sports as follows:

Fall: MLAX, WLAX, MVB, Track and Field, BSB, SB, GLF, TN, Acro

Spring: MSOC, WSOC, WVB, FH, CC, FB, WWR

Winter: WR, MBB, WBB

Winter Sport Athletes must maintain the "Out of Season" Requirements from the first day of classes in August until the beginning of Fall Break in October and then from the end of Spring Break in March to the last day of classes in April.

A sample Clinical Hour Record is located in the Appendices on **p. 87**.

Implementation of the Clinical Hour Policy

The Clinical Hour Policy is implemented by the Athletic Training Program Faculty member that is responsible for a specific practicum course. The Athletic Training Faculty member will track clinical hours to ensure that the student is meeting the minimum requirement and not exceeding the maximum requirement. They will also track days off and counsel the student if there are any concerns.

Clinical Supervision Policy

It is the policy of the Athletic Training Program that students be directly supervised during ALL assigned clinical experiences, including the general medical rotation and internship. The Clinical Preceptor must be physically present and have the ability to intervene on behalf of the student and the patient. In the event that a Clinical Preceptor has to leave the practice and/or competition, the student will accompany them. If a student's Clinical Preceptor is not available or on-campus, the student will report to the CEC and/or PD, and be assigned to another Clinical Preceptor for that day. This policy also includes medical appointments and ER visits. The student may not take a student-athlete to a medical appointment and/or the ER unless a Clinical Preceptor is present.

If a student is present at any sporting event without a Clinical Preceptor, he/she is there as a spectator.

Documentation of Clinical Hours

Students are required to log clinical hours in ATrack within a seven-day time period. Clinical hours that are not logged within the seven-day window will not count. Students are required to take off at least one day per week. Days off should be documented in ATrack alongside of clinical hours.

Confidentiality Policy

It is expected that students maintain complete confidentiality at all times in clinical experiences at Limestone University, participation in internship and general medical rotations at affiliate clinical sites, other rotations at affiliate clinical sites, and/or work-study employment, and not to breach that confidentiality. Students are not to discuss confidential athlete/patient information to anyone (press, scouts, coaches, roommates, teammates, parents, peers, significant others, etc.) other than their assigned Clinical Preceptor and/or consulting physician. In the event that the student has a question about whether or not it is appropriate to release information regarding the athlete/patient, the assigned Clinical Preceptor should be consulted. All business, financial, medical, and/or personal records (regardless of format) must not be removed from the facility. The release of confidential medical or personal information is regulated by state and federal laws, and is a

violation of ethical conduct, and will result in dismissal from the Athletic Training Program or termination of work-study employment.

Clinical Experience Expectation Worksheet

This form must be completed by the Clinical Preceptor and the student at the beginning of each clinical experience, including medical rotations. The following topics should be addressed: expectations for the clinical experience, contact information, monthly schedule, attendance expectations, confidentiality policy, communicable/infectious disease policy, clinical supervision policy, dress code, facility orientation (EAPS, BBP Exposure Control Policy, and location of PPE/BSI), as well as anything else deemed relevant to either party. Clinical Preceptors and students must initial by each item to indicate that the item has been thoroughly discussed/ reviewed and understood. A copy of the Clinical Experience Expectation Worksheet is located in the Appendices on **pp. 53-54**.

Relationships

Students must disclose to the Athletic Training Program faculty if they are engaged in a romantic relationship of any type with a student-athlete/staff member on the athletic team to which they are assigned so that the student may be reassigned to another team. Students assigned to an athletic team may NOT enter into a romantic relationship of any type with any student-athlete/staff member to which they are assigned. Failure to adhere to this policy is a violation of the ATS Code of Conduct and will result in disciplinary action.

Castlebranch Compliance Tracker/Document Manager

Students are required to purchase the Castlebranch Compliance Tracker/Document Manager in order to ensure that personal health information is protected and to allow the AT Program to track specific documents/training each year. The Compliance Tracker/Document Manager is a one-time fee of \$35.00 paid directly to Castlebranch by the student. It is the responsibility of the student to upload all required documents into the system.

Criminal Background Checks

Depending on the requirements of the affiliate clinical sites, students may be required to obtain a criminal background check (county, city, state, and federal) from the state where they reside prior to participating in the General Medical Rotation and/or the Internship. The Athletic Training Program uses Castlebranch at a cost of \$51.00 to the student.

Drug Screening

Depending on the requirements of the affiliate clinical sites, students may be required to submit to a drug screen prior to participating in the General Medical Rotation and/or the Internship. The Athletic Training Program uses Castlebranch at a cost of \$37.00 to the student. Drug tests are conducted off-site. Any positive drug screen would result in the appropriate documentation as stated by the Disciplinary Procedures and notification/referral to the Office of Student Services.

Psychomotor Clinical Skills

In order to ensure learning over time, psychomotor clinical skills for AT 200, AT 201, AT 370, AT 380, AT 381, AT 383, and AT 385 are to be assessed a minimum of three times: in the classroom/laboratory, by a peer student or Clinical Preceptors, and mastery. Mastery check-offs must be completed at 80%. During the associated Athletic Training Practicum course(s), Students will be checked-off for assigned clinical skills in comprehensive integration proficiencies. Students not completing the required clinical skills will automatically fail the course. Clinical skills for AT 180 must be completed in the classroom/laboratory and by a peer student or Clinical Preceptors. During the associated Athletic Training Practicum for these courses, the student will complete mastery check-offs. More information is available in the Athletic Training Practicum's syllabus.

Additionally, specific assignments/projects, clinical skills, case studies, and clinical integration proficiencies have been designed to meet the Athletic Training Educational Competencies and require that the student score an 80% or better. Students who fail to score an 80% or better will fail the course. This information will be communicated in course syllabi.

Attendance to Athletic Training Program Functions

Attendance to all official Athletic Training Program functions is considered mandatory. This includes **ALL** meetings, in-services, clinical experience assignments, and other functions. Announcements and schedules will be posted throughout the Athletic Training Department. In the event that a student cannot attend an Athletic Training Program functions he/she should communicate to their assigned Clinical Preceptor and the PD as soon as possible.

Students **MUST** provide their assigned Clinical Preceptor with a course schedule detailing their availability for clinical experiences. Course schedules are due no later than one week from the start of the new clinical experience. The Clinical Preceptor and student will plan out a clinical schedule for clinical experiences.

Students who also participate in intercollegiate athletics are expected to be fully involved in their assigned clinical experiences during their "off-season". The Athletic Training Program will try to cooperate with all Students who have outside commitments; however, it must be stated that all athletes and non-athletes have the same requirements and must maintain the same retention criteria.

Exit Interviews

All Students enrolled in the Athletic Training Program must schedule an Exit Interview at the conclusion of each semester with the Athletic Training Staff. This is a mandatory function. The purpose of this interview is to allow for dialogue between the Athletic Training Staff and student to discuss strengths, weaknesses, and plans for change. A sign-up sheet for these interviews will be posted on the PD's door.

Student Meetings

All students are expected to attend mandatory student meetings. Meeting dates will be announced.

Liability Insurance

All students must purchase a student policy of professional liability insurance that will provide coverage in the amount \$1,000,000 each incident/ \$3,000,000 aggregate prior to participation in the Athletic Training Practicum courses. Students will not be allowed to participate in their assigned Athletic Training Practicum course until they show proof of liability insurance. This will be addressed fully in AT 180: Fundamentals of Athletic Training, and during the application/observation period. The professional student liability insurance utilized by this program is through Proliability and may be accessed at www.proliability.com.

Health Insurance

All students must show proof of current health insurance before participating in observation and/or clinical hours.

NATA Membership

Junior and Senior students are expected to join the NATA and maintain membership. Students will not be allowed to participate in their assigned Athletic Training Practicum course until they show proof of NATA membership.

Student Travel

Junior and Senior students are permitted to travel with their assigned Clinical Preceptor. Sophomore students may travel if they receive permission from their assigned Clinical Preceptor. Student travel should be regarded as a privilege and is decided based on the following factors: the student's level of experience within the Athletic Training Program, adequate supervision, and the monetary support of the athletic team.

It is the policy of the Athletic Training Program that students may not travel independently to or from a Limestone University sponsored athletic event to obtain clinical hours, nor are they allowed to travel to a Limestone University

sponsored athletic event and leave with someone other than a parent/legal guardian. This policy is not applicable to the general medical rotation and internship.

Inclement Weather

Students should not attend clinical experiences if Limestone University is closed due to inclement weather. If Limestone University is not closed and the student is unable to attend clinical experiences due to weather conditions, he/she must contact his/her supervising Clinical Preceptor. If at any time the student is unsure of whether or not to attend clinical experiences, he/she should contact the PD and/or CEC.

Transportation

It is the responsibility of each student to arrange transportation to and from each clinical experience that is off-campus. The Athletic Training Program will let students know when they are scheduled to be off campus shortly after acceptance into program.

Transportation of Injured/Ill Student-Athletes

Students are not permitted to transport injured/ill athletes to physician appointments and/or to the hospital. In this situation, the student is not under the direct supervision of the Clinical Preceptor. Other arrangements should be made in advance.

Athletic Training Program/Department Therapeutic Equipment Safety Policy

In order to protect the health and safety of all students and student-athletes, the Athletic Training Program/Department has policies about the calibration, maintenance, and instruction regarding the use and/or application of therapeutic equipment.

The Athletic Training Program/Department Therapeutic Equipment Safety Policy is available in the Appendices on **p.55**.

Athletic Training Program Bloodborne Pathogen Exposure Control Plan

Students enrolled in the Athletic Training Program are not employed by Limestone University; however, through their educational experiences, they may come into contact with blood or other potentially infectious materials (OPIM). Annual Bloodborne Pathogen Training is required of all prospective and current students. Initial training occurs via AT 180 and retraining occurs each fall before the student is permitted to begin clinical hours. Personal protective equipment and regulated biohazard waste disposal is provided in all athletic training facilities and athletic training supervised events. In the event of accidental bodily exposure to blood or OPIM, the student is to follow cleansing procedures outlined in the Bloodborne Pathogen Training and report the incident immediately to their assigned Clinical Preceptor and Program Director to ensure proper procedure and documentation.

The Athletic Training Program Bloodborne Pathogen Exposure Control Plan is available in the Appendices on **pp. 56-63**.

Active Communicable/Infectious Disease Policy

In accordance with the guidelines from the South Carolina Department of Health and Environmental Control and the Limestone University Health Center, the following policies and procedures have been developed for the control of communicable diseases. Any student who is diagnosed with a communicable disease identified on the South Carolina 2015 List of Reportable Conditions is required to be reported to the Region 2 Public Health Office. Students who contract a communicable disease are required to obey the prescribed guidelines by consulting physician(s) and may not participate in any Limestone University sanctioned events, including classes, until cleared by the consulting physician(s).

The Athletic Training Program's Active Communicable/Infectious Disease Policy is available in the Appendices on **pp. 64-65**. This policy must be reviewed and resigned on an annual basis.

Emergency Action Plans (EAP)

EAPS are reviewed at the beginning of each clinical experience. This is documented via the Clinical Experience Expectation Worksheet.

The EAPs for all Limestone University practice and/or game venues are available in the Appendices on **pp.66-85**.

Lightning Policy

The Athletic Training Department's Lightning Policy is available in the Appendices on **p. 86**.

Internships

Each student is required to complete a six-credit hour internship during their senior year. Internships may take place at one of the affiliate high schools or colleges and allow the student to gain experience in a different setting. The internship is supervised by a Clinical Preceptor. The internship is intended to be a semester long clinical experience and should be continued until the conclusion of the season. Fall internships require participation in Football Preseason. Students should make plans to return to campus to start their internships the first week of August. It is the responsibility of the student to initiate contact with the Clinical Education Coordinator. Students are expected to attend ALL practices and/or events, which may include clinical hours over the weekend. Absences must be approved, in advance, by the PD and/or CEC. **Each unexcused absence will result in a 10 point deduction from the Athletic Training Internship's final grade and may result in disciplinary action.**

Students are required to complete a case study and systematic review regarding an illness or injury that was observed during the internship experience. At the conclusion of the semester, the student will present case study and systematic review findings to the Athletic Training Program faculty and staff, Medical Directors, Clinical Preceptors, and other senior-level students. More specific information regarding the Athletic Training Internship can be obtained by speaking with the internship faculty sponsor. The expectations for successful completion of the internship are included in the course syllabus.

Students must adhere to the Athletic Training Program Dress Code and set up weekly meeting with the internship faculty sponsor.

General Medical Rotations

Students **MUST** set up their General Medical Rotation Schedule with the CEC **PRIOR** to beginning any rotation. Clinical hours will not count if the student does not go through the appropriate channels for the General Medical Rotation.

During the General Medical Rotation, Students will be required complete 45 clinical hours at the following affiliate clinical sites:

- 15 clinical hours at Carolina Orthopaedic and Neurosurgical Associates
- 15 clinical hours at Medical Group of the Carolinas – Family Medicine – Peachview
- 15 clinical hours at Physical Rehabilitation Group (aka North Grove Physical Therapy)
- 15 clinical hours at Recovery Day

Surgical Observations

During the rotation at Carolina Orthopaedic and Neurosurgical Associates, students will have the opportunity for surgical observations; however, a great deal of student paperwork is required for each surgical site and must be completed in advance.

- **Surgery Center at Pelham** : the following materials must be submitted to the PD prior to surgical observations: Student Orientation Manual and Agreement Form, proof of malpractice/liability insurance, confidentiality form, immunization records (including TB, HIPAA training, OSHA training, background check, current CPR, influenza vaccine (within the last 12 months), and a signed Wavier and Release.

ATS Rules for Observation and Clinical Education Experiences

Students are expected to abide by the following rules during their Observation Period and/or Clinical Education Experiences as well as the Athletic Training Facility Rules. Athletic Training Facility Rules are available on **p. 29**. Students should remember that they are an extension of the Athletic Training Department and should strive to represent the department and themselves accordingly. Students that disregard the policies and procedures set forth in this handbook will be subject to disciplinary action, probation, and/or dismissal from the Athletic Training Program.

1. Arrive on-time to assigned clinical education experiences.
2. Clinical hours must be logged in ATrack within seven days. Students must have one declared "off" day every week. Weeks are counted from Sunday to Saturday.
3. Do not attempt to do clinical skills in the Athletic Training Facility during "busy" times unless instructed otherwise by your assigned Clinical Preceptor.
4. Cell phone usage (including text messages) is prohibited except in cases of an emergency.
5. Call assigned Clinical Preceptor if you are going to be late and/or unable to come to assigned clinical education experience.
6. Contact assigned Clinical Preceptor if weather conditions are poor prior to attending clinical experiences.
7. Check the Daily Task Sheet upon arrival and prior to departure. Assist with applicable tasks.
8. Receive permission from assigned Clinical Preceptor before leaving clinical education experience.
9. Adhere to the Dress Code. The dress code is available on **pp. 30-31**.
10. Adhere to the Athletic Training Facility Rules.
11. Do not go in Clinical Preceptor offices, use computers and/or telephones without permission.
12. Treat faculty, staff, and fellow students with respect.
13. Students should never be in the Athletic Training Facility after hours or without appropriate supervision.
14. Students should be directly supervised at all times. If the Clinical Preceptor needs to leave a practice/event, the student must accompany them.
15. Students may not take student-athletes to medical appointments and/or the ER without an Clinical Preceptor.
16. Adhere to Limestone University's Athletic Training Program and Athletic Training Department Confidentiality Policies.
17. Adhere to the policies, procedures, rules, and regulations set forth in the Academic Catalog, The Gaslight Handbook, and the ATS Handbook.
18. Unless participating in an internship or general medical rotation, Students may not drive to practices/competitions and/or leave a Limestone University sponsored athletic event unless with a parent/legal guardian.

Limestone University Athletic Training Facility Rules

1. Athletes must shower prior to entering the Athletic Training Facility after practices/games (unless in the case of an emergency).
2. Leave all equipment and personal bags outside of Athletic Training Facility.
3. Do not wear Cleats/Turfs in the building.
4. This is a co-ed facility. Proper dress is required at ALL times! (Shirts, shorts, etc). If using the whirlpool, you must have on gym shorts or swim trunks. If you need to change, do so in the locker room or in the bathroom, NOT in the Athletic Training Facility.
5. Treatment will be administered by a Staff Athletic Trainer only after an evaluation. No athlete may administer treatment to him/herself or to anyone else.
6. It is your responsibility to report all athletic injuries/illnesses to a Staff member immediately. Failure to do so will invalidate any insurance coverage by the college.
7. Supplies and/or equipment are not to be removed from the Athletic Training Facility without permission from a Staff Athletic Trainer (i.e. tape, scissors, exercise equipment, etc.).
8. All athletes should obtain a medical referral form from a Staff Athletic Trainer, prior to making a medical appointment, regardless of reason. Athletes who are under a physician's care are not clear for participation, until a referral form is completed and signed by the physician.
9. Any referrals made to a physician for illnesses, non-athletic injuries or pre-existing conditions are not covered by Limestone University or Limestone University Athletics' Secondary Insurance Policy. ***The athlete is solely responsible for any medical payments.**
10. **NO PROFANITY – NO LOITERING – NO TOBACCO PRODUCTS – NO INAPPROPRIATE ACTIONS/CONDUCT.**
11. Place all equipment used back in their original places and clean up after yourself (ice bags, garbage, and hot packs, etc.).
12. Do NOT enter offices or use staff computers without permission of a Staff Athletic Trainer.

PLEASE NOTE: Failure to comply with any of these rules will result in your removal from the Athletic Training Facility!!!

Athletic Training Program Dress Code

The purpose of a dress code is to promote professionalism within the program. Students that are non-compliant with the dress code will be asked to leave the Athletic Training Room and return only when they can adhere to the dress code. They will also be subject to the Athletic Training Program Discipline Procedures. Students will be required to purchase an Adidas package. Additionally, students will be provided with an ID badge that must be worn at all times during clinical experiences.

Athletic Training Room Attire:

Shirts: Issued Limestone University athletic training t-shirt or collared shirt, or a sweatshirt with the Limestone University logo. For students applying to the Athletic Training Program, they must wear Limestone apparel or a polo shirt.

- Shirts must be tucked in at all times.
- Shirts need to fit appropriately and should have no high school, college, and/or professional athletic team logos. Shirts with inappropriate logos or sentiments are not permitted.
- Tank-tops/camisoles are not permitted.

Pants/Shorts: Issued mesh shorts, khaki shorts, and/or pants.

- Khaki pants or shorts may be made of twill material
- The only mesh shorts that may be worn are purchased as part of the Adidas package.
- Skinny jeans, wind pants, sweat pants, yoga-pants, athletic shorts, fitted sweatpants/leggings, and/or pants with words on the seat are not permitted in the ATR.

Shoes: Tennis shoes must be worn at all times unless working an indoor event.

- Flip-flops or open-toed sandals are not permitted per OSHA guidelines.
- Five finger shoes are not permitted.

Practice Attire: Dress appropriate for the weather conditions

Shirts: Issued Limestone University athletic training t-shirt or collared shirt, or a sweatshirt with the Limestone University logo. For students applying to the Athletic Training Program, they must wear Limestone apparel or a polo shirt.

- Shirts must be tucked in at all times.
- Shirts need to fit appropriately and should have no high school, college, and/or professional athletic team logos. Shirts with inappropriate logos or sentiments are not permitted.
- Tank-tops/camisoles are not permitted.

Pants/Shorts: Issued mesh shorts, khaki shorts, and/or pants.

- Khaki pants or shorts may be made of twill material
- The only mesh shorts that may be worn are purchased as part of the Adidas package.
- Sweatpants/windpants/athletic shorts of Limestone University issue and/or of similar design may be worn to cover practices. These pants must be clean and not remotely resemble pajamas.
- Skinny jeans, yoga-pants, fitted sweatpants/leggings, and/or pants with words on the seat are not permitted.

Shoes: Tennis shoes must be worn at all times.

- Flip-flops or open-toed sandals are not permitted per OSHA guidelines.
- Five finger shoes are not permitted.

Event Attire:

Indoor Contests: Consult the Clinical Preceptors regarding appropriate dress prior to the event. Dress clothes should include dress slacks, shirt or sweater, close-toed dress shoes and socks. Clothing must be functional to allow running, bending, and carrying.

Outdoor Contests: Khaki pants or shorts, athletic training collared shirts, tennis shoes and socks. The outermost layer should have the athletic training logo. Athletic training t-shirts may be worn if a polo has not been issued.

Please Note:

- Watches with a secondhand should be worn while performing clinical hours.
- Purchase a belt for pants with belt loops.
- Hats are for outdoors only. They should not be worn in the ATR.
- You may change into practice attire just prior to departing for practice.
- Student-athletes who are also students must adhere to the Athletic Training Program dress code while performing clinical hours.
- Student-athletes who are also students may not receive treatment for any ailments while performing clinical hours.

Athletic Training Program COVID-19 Summary COVID-19 Policies and Procedures

The Athletic Training Program will adhere to the policies and procedures set forth by Limestone University. Additionally, students and clinical preceptors in the Athletic Training Program will be provided with the following documents:

- Athletic Training Program COVID Summary (**pp. 114-115**)
- Athletic Training Program Guidelines for Return to Face-to-Face Experiential Learning During COVID-19 Pandemic (**pp. 116-117**)
- Student Internship and Clinical Practicum Guidelines for the Duration of the COVID-19 Pandemic (**pp. 118-119**)

These documents are available in the Appendices.

Athletic Training Facilities

Students will adhere to the policies set forth in Limestone University Athletic Training COVID-19 Policy and Procedures document. The Athletic Training Program will verify that each facility is compliant with relevant safety guidelines from the CDC and local health authorities regarding workplace safety.

Affiliate Clinical Sites

Students will adhere to the policies of each facility. The Athletic Training Program will verify that each facility is compliant with relevant safety guidelines from the CDC and local health authorities regarding workplace safety.

Clinical Hours

Students are not permitted to participate in clinical hours until they participate in all education sessions regarding COVID-19. Clinical hours for each practicum and internship will be determined by the availability and accessibility of each site.

Section IV:
Evaluation and Assessment

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Evaluations <ul style="list-style-type: none">• Freshman Rotation Evaluations• Sophomore, Junior, and Senior Clinical Experience Evaluations• General Medical Rotation Evaluation• Student Evaluation of the Affiliate Clinical Site and Clinical Preceptor• Program Evaluation of the Affiliate Clinical Site and Clinical Preceptor• Program Evaluation of the Clinical Preceptor• Exit Interviews/Evaluations• Post-BOC Evaluation• Junior Evaluation of Athletic Training Education Competencies• Alumni Survey	35-36

Please Note: The ATS Handbook describes all of the necessary components of the Athletic Training Program for faculty, staff, students, and Clinical Preceptors. Every effort will be made to follow the components of the program as outlined in this handbook; however, the Athletic Training Program reserves the right to modify this document.

Evaluations

For assessment purposes the Athletic Training Program has changed the evaluation scale from a 10-point scale to a Likert Scale (Strongly Agree, Agree, Neutral, Missed Opportunity, Disagree and Strongly Disagree). This allows the Athletic Training Program to receive honest feedback from students and clinical preceptors.

Freshmen Rotation Evaluations

These evaluations are administered at the conclusion of each of the seven clinical rotations during the Application Period. A sample for is located in the Appendices on **p. 89**.

Sophomore, Junior, and Senior Student Clinical Experience Evaluations

Clinical Experience Evaluations are administered at midterm and at the conclusion of each academic semester. The evaluations differ pending on the student's level in the Athletic Training Program. A sample Sophomore Clinical Experience Evaluation is located in the Appendices on **pp. 90-92**. A sample Junior and Senior Clinical Experience Evaluation is located in the Appendices on **pp. 93-96**.

General Medical Rotation Evaluation

This evaluation is administered at the conclusion of each general medical rotation. Students are evaluated in the areas of professional and personal qualities. A sample form is located in the Appendices on **pp. 97-98**.

Student Evaluation of the Affiliate Clinical Site and Clinical Preceptor

This evaluation is administered at midterm and the conclusion of each semester. It is utilized for on-campus and off-campus clinical experiences, including the General Medical Rotation. Student are able to provide feedback on the Clinical Preceptor in the areas of the affiliate clinical site, professional attributes, communication skills, and educational abilities. A sample form is located in the Appendices on **pp. 99-101**.

Program Evaluation of the Affiliate Clinical Site and Clinical Preceptor

The Program Evaluation of the Affiliate Clinical Site and Clinical Preceptor is for all off campus affiliate clinical sites and clinical preceptors, including general medical rotation and internship sites. This evaluation is conducted at least once per academic year. A sample form is located in the Appendices on **pp. 102-105**.

Program Evaluation of the Clinical Preceptor

The Program Evaluation of the Clinical Preceptor is for on-campus Clinical Preceptors and conducted by the AT Faculty at least once per academic semester. A sample form is located in the Appendices on **pp. 106-108**.

Exits Interviews/Evaluations

Exit interviews/evaluations are completed at the end of each academic semester. This is an informal discussion between the AT faculty, Clinical Preceptors and student to determine areas for improvement on all parts and to delineate administrative information (future clinical rotations, housing issues, transportation issues, etc). Before graduation, students are asked to complete a Student Exit Evaluation. A sample form is located in the Appendices on **pp. 109-110**.

Post-BOC Evaluation

This evaluation is administered following the student sitting for the BOC Examination. It is used to provide feedback to the Athletic Training Program regarding strengths and weaknesses. A sample form is located in the Appendices on **p. 111**.

Junior Evaluation of Athletic Training Educational Competencies

This evaluation is administered through the Director of Institutional Research. A link will be sent to students at the conclusion of their junior year. This allows the Athletic Training Program to redress any areas in which the student does not feel confident.

Alumni survey

This evaluation is administered through the Director of Institutional Research. A link will be sent to students who graduated two years ago. A sample form is located in the Appendices on **pp. 112-113**.

**Section V:
Appendices**

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**Limestone University
Athletic Training Program
Admission Application**

Date of Application: _____

Personal/Contact Information

Name: _____

Student Identification Number: _____

Date of Birth: _____

Email Address: _____

Home Mailing Address:

Home Phone Number: _____

Campus Mailing Address:

Campus Phone Number: _____

Cell Phone Number: _____

Emergency Contact Person and Phone Number:

Educational Information

High School Name and Address:

Previous Junior Colleges/Colleges/Universities Attended and Addresses:

Course of Study at Previous Institution: _____

Anticipated Major(s) at Limestone University:

Anticipated Minor(s) at Limestone University:

Extracurricular Activities at Limestone University:

Athletic Training Experience

Previous Athletic Training Experiences and Dates (high school, colleges/universities, camps, student symposiums/workshops):

Recommendations

Please list the three individuals that will be providing recommendations for your acceptance into the Athletic Training Education Program.

1. _____
2. _____
3. _____

Letter of Intent

Please submit a letter of intent stating why you desire to be a part of the Athletic Training Education Program and why you are an ideal candidate. Expound upon your short and long-term career goals, your perceived strengths and weaknesses, and any other information that you would like us to know about yourself.

The Athletic Training Program Admission Form is available at <https://my.limestone.edu/formstack/1119302>, which is a Formstack link. All of the materials needed for application to the Athletic Training Program will be loaded into this link.

**Limestone University
Athletic Training Program
Letter of Recommendation Form**

To the Applicant:

In accordance with the Family Education Rights and Privacy Act of 1974, an applicant for the Athletic Training Program may waive his/her right to inspect the recommendation form. Such a recommendation will only be used in determining admission to the Athletic Training Program. An applicant is not required to execute a waiver.

I (print your name) _____

Waive my right ____ Do not waive my right ____ to inspect or review the recommendation form as related to my admission to the Athletic Training Program.

Applicant Signature

Date

Applicants are instructed to receive recommendation letters from individuals who can attest to the applicant's 1) academic capabilities, 2) clinical abilities, and 3) character. All recommendations must be non-familial.

Characteristic	Above Average (5)	Average (4)	Below Average (3)	Poor (2)	Not able to judge
Responsibility					
Communication skills					
Time management skills					
Respectful					
Demonstrates academic competence					
Demonstrates clinical competence					
Demonstrates integrity					
Demonstrates cultural competence					
Demonstrates situational awareness					
Motivation					
Maturity					
Positive Attitude					
Consistent in efforts					
Potential					

Please take a moment to comment on the applicant's strengths and weaknesses as well as why you believe applicant should be considered for admission to the Athletic Training Program. Feel free to use additional paper.

Signature

Date

**Limestone University
Athletic Training Program
Admission Requirements Checklist**

Applicant: _____

Admission to the Athletic Training Program is based on the following criteria:

Criteria	Date Verified/ Specific Information	Initials
A minimum of 2.75 cumulative GPA.		
A "C" or better in AT 180: Fundamentals of Athletic Training		
A "C" or better in AT 188: Athletic Training Practicum I		
A "C" or better in AT 201: Emergency Care in AT		
A "C" or better in BI 101: Introduction to Biology I		
A "C" or better in BI 210: Human Anatomy and Physiology I		
A "C" or better in BI/PE 285: Medical Terminology		
Completion of 50 Observation Hours.		
Verification of a Medical History and Physical Examination.		
Verification of Health Insurance.		
Verification of Technical Standards.		
Verification of Bloodborne Pathogen and Disease Prevention Training.		
Verification of Immunization Records. <ul style="list-style-type: none"> • Tetanus-Diphtheria (TDAP Booster within the last 10 years) • Measles, Mumps, and Rubella (proof of 2 doses after 1st birthday) • Hepatitis B Virus Vaccine series • Meningitis (highly recommended) • Tuberculosis questionnaire (or PPD) 		
Verification/declination of the Hepatitis-B vaccination series.		
Verification of confidentiality/FERPA training		
A signed ATS Handbook and Confidentiality Agreement.		
A signed Active Communicable/Infectious Disease Policy		

Application Materials

Materials turned in after the announced due date will not be considered.

Criteria	Date Verified/ Specific Information	Initials
Application		
Letter of Intent		
3 Letters of Recommendation:		
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

Freshman Rotation Evaluations

At the conclusion of each rotation, the Clinical Preceptors will evaluate the student. Students must complete rotations with all seven staff Clinical Preceptors.

Evaluation	Dates of Rotation	Clinical Preceptors	Grade
1			
2			
3			
4			
5			
6			
7			

Interview Scores

The interview will be evaluated by several members of the Athletic Training Program and Athletic Training Department.

Interview	Faculty/Staff	Score
1		
2		
3		
4		
5		
6		
7		
8		
9		

Weighted Criteria	Points Earned	Max Points
Course Grades		24
Timely Completion of Clinical Hours		7
Timely Submission of Documents/Training		13
Interview Scores		6
Total Points		50

**Limestone University
Athletic Training Program
Technical Standards for Admission**

The Athletic Training Program at Limestone University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, competencies, and physical demands of an entry-level athletic trainer, and meet the expectations of the program's accrediting agency (CAATE). All students admitted to the Athletic Training Program must demonstrate and fulfill a minimum level of cognitive and physical abilities. In the event that a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program. All technical standards are in accordance with Limestone University policies and procedures.

Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC examination.

Candidates applying for admission to the Limestone University Athletic Training Program must demonstrate:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function and coordination to perform appropriate physical examinations using accepted techniques and accurately, safely, and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
4. The ability to record the physical examination results and treatment plan clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence and commitment to complete the Athletic Training Program as outlined and sequenced.
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection into the Athletic Training Program will be required to verify they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

It is the responsibility of the student who states that he/she has a disability and could meet the Athletic Training Program Technical Standards with accommodation to provide the appropriate documentation that the stated condition qualifies as a disability under applicable laws.

If a student states that he/she can meet the technical standards with accommodation, then he/she will be referred to the Director of Accessibility Services/PALS for further assessment. The Athletic Training Program Faculty, Chair of the Athletic Training, Nursing, and Health Sciences Department, Dean of the School of Natural and Health Sciences Division, Provost, Director of Accessibility Services/PALS, and Officer(s) of Affirmative Action will determine whether it agrees that the student can meet the technical standards with reasonable accommodation; this includes a review of whether the accommodation would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation.

Wavier of Reasonable Accommodation

I certify that I have read and understand the technical standards for the selection listed above, and I believe to the best of my knowledge that I can meet each of these standards without accommodation. I understand that if I am unable to meet these standards I will not be admitted to the Athletic Training Program.

Applicant's Signature

Date

Acknowledgement of Need for Reasonable Accommodation

I certify that I have read and understand the technical standards for the selection listed above, and I believe to the best of my knowledge that I can meet each of these standards with reasonable accommodation. I will contact Limestone University's Office of Affirmative Action to determine what accommodations may be available. I understand that if I am unable to meet these technical standards with reasonable accommodations, that I will not be admitted to the Athletic Training Program.

Applicant's Signature

Date

**Limestone University
Athletic Training Program
Academic Probation/Suspension Notice**

Dear _____,

Unfortunately, I must notify you that you have been placed on academic probation. This academic probation has been instituted because of your failure to meet one or more of the academic retention criteria listed below. The academic retention criteria are explained in the ATS Handbook, which you received upon stating your desire to be apart of the Athletic Training Program. The purpose of enforcing academic criteria is to increase your knowledge base in areas considered to be below average, in order to prepare you for the BOC Examination as well as to enhance your effectiveness as a future professional in the field of athletic training. Please note that the athletic training faculty and staff is more than willing to work with you in whatever way necessary to help you achieve success in this program.

Probation has been instituted for the following reasons:

- 1.
- 2.

The terms of the probation:

- 1.
- 2.

At this time, it must be pointed out that Students are allowed no more than two consecutive semesters of academic probation. If satisfactory progress has not been made at the end of the second semester, then the student will be dismissed from the Athletic Training Program. In the event that you decide that you no longer desire to be a part of the Athletic Training Program, we ask that you submit a brief letter stating your intentions. If you desire to continue in the program, please sign, date, and return this form.

PD Signature: _____

Date: _____

Student Signature: _____

Date: _____

ATP Student Correction Form

Name:

Class:

Exam #:

Date:

**Example

Question #	24
First Answer	A – Insulin release causes blood sugar to rise.
New Answer	D – Insulin release causes blood sugar to fall
Source (AMA Citation with page number)	McArdle WD, Katch FI, Katch VL. Sports and Exercise Nutrition. Lippincott Williams & Wilkins; 2012. Page# 276
Justification (3-4 Sentences).	When the body consumes sugar, the beta cells from the pancreas release insulin in response. Once the insulin enters the bloodstream it communicates with the cells to allow glucose to enter the cell, therefore causing the level of glucose in the blood to fall.

Number of total Corrections:

Question #	
First Answer	
New Answer	
Source (AMA Citation with page number)	
Justification (3-4 Sentences).	

Question #	
First Answer	
New Answer	
Source (AMA Citation with page number)	
Justification (3-4 Sentences).	

Question #	
First Answer	
New Answer	
Source (AMA Citation with page number)	
Justification (3-4 Sentences).	

Bachelor of Science in Athletic Training Curricular Plan and Recommended Course Sequence

General Education Requirements	Credit Hours
SLO 1 -	
EN 101 (EN 103)	3
EN 102 (EN 103)	3
EN 105	3
SLO 2 – One course selected from: EN 201, 202, 203, 204, 205, 206, 220, 302, 305, 306, 310, 311, or 312	
Literature Requirement	3
SLO 3 – One course selected from: AR 101, 102, 103, 200, 208, 210, 211, 213, 240; MU 100, 101, 104, 205, 208; any ME course; EN 232, 240, 340; PE 135,136, 137, 138; TH 101,102, 103, 202, 204; CM 103	
Fine Arts Requirement	3
SLO4 - One course selected from: HI 110, 111, 112, 113, 214. Another course selected from: BA 103, EC 204, 211, EC/HI 350; HI 110, 111, 112, 113, 214, 303, 310, 311, 312, 321, 325, 334, 338, 341, 344, 345, 346; HC 311; HR 103, IS 150; PO 101, 242, 243, 341, 342; any foreign language; SO 201, 202, PS 101, SW 101, CJ 201	
History Requirement	3
Social Science Requirement. PS 101 meets this requirement.	3
SLO 5 – One course selected from: MA 110, 111, 112, 114, 115, 116, 122, 150, 200, 205	
Math Requirement. MA 200 meets this requirement.	3
SLO 6 - One lab science (4 hours) and one computer science (100-level and above) (3 hours)	
Lab Science Requirement. BI 101 or 110 meets this requirement. BI 101 is recommended.	4
Computer Science Requirement	3
SLO 7 - Must take at least 2 SH from the following: Any PE activity course; ME 236 or 436; PE201, 202, 210, 305; PS105, 204; PS202/SW206	
Health Requirement. PE 201 meets this requirement.	2-3
SLO 8 - One course selected from: BA310; CJ325; HI309, 315; HS 210; ED 310; SW230; PL201, 210, 211, 310; RE100, 202, 203, 205, 210, 221, 222, 225, 301; SC201 or 203	
Ethics Requirement. HS 210 is recommended.	3
Critical thinking competency	
ID 110 / 150	3
ID 301	3
Writing competency	
3 AWE designated courses	9
Total	42

Athletic Training Required Courses	Credit Hours
AT 180 – Fundamentals of Athletic Training	4
AT 188 – Athletic Training Practicum I	1
AT 189 – Athletic Training Practicum II	1
AT 200 – First Aid and CPR/AED for the Professional Rescuer	2
AT 201 – Emergency Care in Athletic Training	3
AT 280 – Clinical Anatomy I	2
AT 281 – Clinical Anatomy II	2
AT 288 – Athletic Training Practicum III	1
AT 289 – Athletic Training IV	1
AT 370 – General Medical Conditions in Athletic Training	2
AT 380/ AT 380 H – Orthopedic Injury Evaluation I	4
AT 381 – Orthopedic Injury Evaluation II	4
AT 383 – Therapeutic Modalities in Athletic Training	4
AT 385/ AT 385 H – Rehabilitation in Athletic Training	4
AT 387 – Basic Pharmacology and Nutrition in Athletic Training	3
AT 388 – Athletic Training Practicum V	1
AT 452 – Senior Seminar	2
AT 481/ AT 481 H – Organization and Administration of Athletic Training	3
AT 489 – Athletic Training Practicum VI	1
AT 490 – Athletic Training Internship	6
BI 101 – Introduction to Biology OR BI 110 – Fundamentals of Biology – meets SLO 6	4
BI 210 – Human Anatomy and Physiology I	4
BI 211 – Human Anatomy and Physiology II	4
BI/PE 285 – Medical Terminology	3
MA 200 – Elementary Statistics – meets SLO 5	3
PE 201 – Personal and Community Health – meets SLO 7	3
PE 301 – Kinesiology	3
PE 302 – Exercise Physiology	3
PE 333 – Strength and Power Development	3
PS 101 – Introduction to Psychology – meets SLO 4	3
Total	84 (68)

The courses listed in red are required for the Bachelor of Science in Athletic Training; however, they do not have any of the Athletic Training Education Competencies, 5th edition assigned to them.

As of the 2018-2019 academic year, students are required to earn 120 credit hours to graduate. If students adhere to the proposed plan, they will complete the following:

General Education Requirements	42 credit hours
Athletic Training Required Courses	68 credit hours
Electives	10 credit hours
Total	120 credit hours

Bachelor of Science in Athletic Training Recommended Course Sequence

Fall I	Credits	Spring I	Credits
AT 180: Fundamentals of Athletic Training (Lab) – preq. AT 188, AT 200, AT 201, and AT 481	4	AT 188: Athletic Training Practicum I – preq. AT 189	1
BI 101: Introduction to Biology I (or BI 110) (Lab) – preq. BI 210	4	AT 201: Emergency Care in Athletic Training	3
EN 101: Freshman Composition – preq. BI 101, BI/PE 285	3	BI 210: Anatomy and Physiology I (Lab) – preq. AT 280, AT 281, AT 380, AT 381, AT 383, AT 385, BI 211, PE 301, and PE 333	4
ID 150: Academic Inquiry	3	BI /PE 285: Medical Terminology – preq. AT 370	3
PE Activity	1	EN 102: Argument and Research	3
		<i>Gen Ed. - PS 101 suggested</i>	3
	15		17

Fall II	Credits	Spring II	Credits
AT 189: Athletic Training Practicum II – preq. AT 288	1	AT 288: Athletic Training Practicum III – preq. AT 289	1
AT 200: First Aid and CPR/AED for the Professional Rescuer	2	AT 281: Clinical Anatomy II – co-req. AT 381	2
AT 280: Clinical Anatomy I – co-req. AT 380	2	AT 381: Orthopedic Injury Evaluation II (Lab) – co-req. AT 281. preq. AT 383 and AT 385	4
AT 380: Orthopedic Injury Evaluation I (Lab) – co-req. AT 280, preq. AT 383 and AT 385	4	AT 383: Therapeutic Modalities in Athletic Training (Lab) – preq. AT 385	4
BI 211: Anatomy and Physiology II (Lab) – preq. AT 383, AT 385, PE 302, and PE 333	4	Gen Ed. – <i>Literature Requirement suggested</i>	3
<i>Gen Ed. – EN 105 suggested</i>	3	<i>Gen Ed. – Computer Science Requirement suggested</i>	3
	16		17

Fall III	Credits	Spring III	Credits
AT 289: Athletic Training Practicum IV – preq. AT 388	1	AT 388: Athletic Training Practicum V – preq. AT 489	1
AT 370: Medical Conditions in Athletic Training	2	AT 387: Basic Pharmacology and Nutrition in Athletic Training	3
AT 385: Rehabilitation in Athletic Training (Lab)	4	AT 481: Organization and Administration of Athletic Training	3
PE 301: Kinesiology – preq. PE 333	2	PE 302: Exercise Physiology – co-req. or preq. PE 333	3
<i>Gen Ed. – History Requirement suggested</i>	3	PE 333: Weight Training Techniques	3
<i>Gen Ed. – PE 201 suggested</i>	3	<i>Gen Ed. – MA 200 Suggested</i>	3
	15		16

Fall IV	Credits	Spring IV	Credits
*AT 490: Athletic Training Internship	6	*AT 489: Athletic Training Practicum VI	1
<i>Gen Ed. – ID 301 suggested</i>	3	AT 452: Senior Seminar	2
<i>Gen Ed. – Ethics Requirement suggested</i>	3	<i>Gen Ed. – Fine Arts Requirement suggested</i>	3
		Gen Ed or Elective	3
		Gen Ed. or Elective	3
	12		12

*Denotes that course may be taken either Fall IV or Spring IV.

**Limestone University
Athletic Training Program
Scholarship Application**

The Athletic Training Program will award one scholarship to a deserving student in the junior class and senior class. In order to qualify for this scholarship, the student must be in good standing within the Athletic Training Program; have a minimum of a 3.0 cumulative GPA; have positive Clinical Experience Evaluations; have demonstrated exemplary character; and lastly, have a documented financial need.

I. Personal Information

Name: _____
 Mailing Address: _____

 Home Phone Number: _____
 Cell Phone Number: _____
 Email Address: _____

II. GPA Information (40%).

Cumulative GPA: _____

III. Clinical Experience Evaluations. *Identify and discuss any areas marked Strongly Agree or Disagree. How have these areas been addressed?*

Fall Semester

Date of Evaluation	Clinical Preceptor and Rotation	Areas marked Strongly Agree or Disagree

Spring Semester

Date of Evaluation	Clinical Preceptor and Rotation	Areas marked Strongly Agree or Disagree

IV. Recommendation (40%)

The student must have a recommendation from a Clinical Preceptor that they have worked with during the last academic year. See form attached to this email. Complete the top of the Recommendation Form and then scan it to the Clinical Preceptor. The Clinical Preceptor will return it to the Program Director.

V. Personal Statement (20%)

Submit a statement detailing your **strengths and weaknesses, professional goals, contributions to the Athletic Training Program, and why it is that you believe you are a deserving candidate for this award.** Statements must be typed, adhere to appropriate grammar and mechanics, and should be no longer than one page in length.

Please note that all materials for this award are due by **May 10, 2019.** It is perfectly acceptable to submit your materials via email. Students receiving awards will be notified by email.

**Limestone University
Athletic Training Program
Letter of Recommendation Form
Athletic Training Program Scholarship**

To the Applicant:

In accordance with the Family Education Rights and Privacy Act of 1974, an applicant for the Athletic Training Program Scholarship may waive his/her right to inspect the recommendation form. Such a recommendation will only be used in determining the Athletic Training Program Scholarship. An applicant is not required to execute a waiver.

I (print your name) _____

Waive my right _____ Do not waive my right _____ to inspect or review the recommendation form as related to the Athletic Training Program Scholarship.

Student Signature

Date

This recommendation form must be completed by a Clinical Preceptor that the student has worked with during the last academic year.

Characteristic	Above Average (5)	Average (4)	Below Average (3)	Poor (2)	Not able to judge
Responsibility					
Communication skills					
Time management skills					
Respectful					
Demonstrates academic competence					
Demonstrates clinical competence					
Demonstrates integrity					
Demonstrates cultural competence					
Demonstrates situational awareness					
Motivation					
Maturity					
Positive Attitude					
Consistent in efforts					
Potential					

Please take a moment to comment on the student's strengths and weaknesses as well as why you believe applicant should be considered for the Athletic Training Program Scholarship.

Clinical Preceptor Signature

Date

This recommendation should be returned to the Program Director.

**Limestone University
Athletic Training Program
Clinical Experience Expectation Worksheet**

Preceptor and Site	
Expected start/ending dates	

Field	Please describe expected behavior
How to address Preceptor	In front of patients: Preceptors & students:
How to contact Preceptor	
When to contact preceptor	
Why to contact Preceptor	
Attendance (Calendar)	
Attire	
Supplies: What is the student expected to bring:	
Where to put personal belonging	
Access to facility information WG ATR: BBP supplies (PPE/BSI) EAP/AED Timken ATR: BBP supplies (PPE/BSI) EAP/AED Limestone Center BBP (PPE/BSI) EAP/AED	
Cell phone use and social media policy	
Socialization Policy	
Clinical Supervision Policy	

Field	Please describe expected behavior
Travel Policy	
Role in seeing patients: Weeks 1-3	
Role in seeing patients: Weeks 4-5	
Role in seeing patients: Weeks 6-end	
What happens if the student is ill?	
What happens with inclement weather/school closures?	

Clinical Preceptor Signature: _____ Date: _____

Student Signature: _____ Date: _____

Limestone University
Athletic Training Program/Department
Therapeutic Equipment Safety Policy

Therapeutic Equipment Calibration

All of the therapeutic equipment used in the Limestone University Athletic Training Program/Department for educational purposes and/or patient care must be calibrated on annual basis. Calibration and safety checks are conducted each August by Piedmont Biomedical. Ground Fault Interrupters (GFIs) are required for all therapeutic equipment located in the wet area. Adjustments will be made if therapeutic equipment needs calibrations and/or safety checks more frequently. If the therapeutic equipment does not meet standards, it will be removed from use until it is fixed and can pass safety checks. The Athletic Training Program/Department has manufacturer's guidelines stored online on the L Drive. Problems regarding therapeutic equipment must be reported to the Head Athletic Trainer who will make appropriate arrangements for repair.

Affiliate Clinical Sites

All affiliate clinical sites must provide annual calibration reports of therapeutic equipment that is utilized for educational purposes and/or patient care, if applicable. Ground Fault Interrupters (GFIs) are required for all therapeutic equipment located in the wet area. Adjustments will be made if therapeutic equipment needs calibrations and/or safety checks more frequently. If the therapeutic equipment does not meet standards, it will be removed from use until it is fixed and can pass safety checks. The Athletic Training Program/Department has manufacturer's guidelines stored online on the L Drive. Problems regarding therapeutic equipment must be reported to the site supervisor who will make appropriate arrangements for repair.

If the affiliate clinical site is unable to provide such records, the student will be assigned to another rotation.

Athletic Training Student Use of Therapeutic Equipment

Only students that have been formally admitted into the Athletic Training Program may apply therapeutic equipment for patient care under the direct supervision of a certified Athletic Trainer. Students are instructed regarding the application of therapeutic equipment in AT 180: Fundamentals of Athletic Training. In AT 188: Athletic Training Practicum I, students are required to show proficiency at 80% or better. Spring semester of sophomore year, students will take AT 383: Therapeutic Modalities in Athletic Training where they will learn more about theory and evidence based practices associated with various therapeutic interventions. Students have been instructed to report any problems regarding therapeutic equipment to their Clinical Preceptor and the Head Athletic Trainer.

**Limestone University
Athletic Training Program
Bloodborne Pathogen Exposure Control Plan**

POLICY

Limestone University Athletic Training Program is committed to providing a safe and healthful work environment for our students. In pursuit of this endeavor, the following exposure control plan (ECP) is provided to eliminate or minimize occupational exposure to bloodborne pathogens in accordance with OSHA standard 29 CFR 1910.1030, "Occupational Exposure to Bloodborne Pathogens."

Students enrolled in the Athletic Training Program are not employed by Limestone University; however, through their educational experiences, they may come into contact with blood or other potentially infectious materials (OPIM). Annual Bloodborne Pathogen Training is required of all prospective and current students. Initial training occurs via AT 180 and retraining occurs each fall before the student is permitted to begin clinical hours. Personal protective equipment and regulated biohazard waste disposal is provided in all athletic training facilities and athletic training supervised events. In the event of accidental bodily exposure to blood or OPIM, the student is to follow cleansing procedures outlined in the Bloodborne Pathogen Training and report the incident immediately to their assigned Clinical Preceptor to ensure proper procedure and documentation.

The ECP is a key document to assist our program in implementing and ensuring compliance with the standard, thereby protecting our students.

This ECP includes:

- Determination of student exposure
- Implementation of various methods of exposure control including: universal precautions, engineering and work practice controls, personal protective equipment, and housekeeping
- Hepatitis B vaccination
- Post-exposure evaluation and follow-up
- Communication of hazards to students and training
- Recordkeeping
- Procedures for evaluating circumstances surrounding an exposure incident

The methods of implementation of these elements of the standard are discussed in the subsequent pages of this ECP.

PROGRAM ADMINISTRATION

The Director of the Athletic Training Program is responsible for the implementation of the ECP. The Director of the Athletic Training Program will maintain, review, and update the ECP at least annually, and whenever necessary to include new or modified tasks and procedures.

Those students who are determined to have occupational exposure to blood or other potentially infectious materials (OPIM) must comply with the procedures and work practices outlined in this ECP.

The Athletic Training Program Faculty and the Athletic Training Department will maintain and provide all necessary personal protective equipment (PPE), engineering controls (e.g., sharps containers), labels, and red bags as required by the standard. The Athletic Training Program Faculty will ensure that adequate supplies of the aforementioned equipment are available in the appropriate sizes.

The Director of the Athletic Training Program will be responsible for ensuring that all medical actions required are performed and that appropriate student health and OSHA records are maintained.

The Program Director and/or Clinical Education Coordinator will be responsible for the administration of training, documentation of training, and making the written ECP available to student, OSHA, and NIOSH representatives.

STUDENT EXPOSURE DETERMINATION

The following is a list of all job classifications at our establishment in which all students have occupational exposure:

JOB TITLE	LOCATION	DUTIES
Athletic Training Students	Athletic Training Facilities Practice/Competition Venues	Wound Care Evaluation Treatment Cleaning Laundry

METHODS OF IMPLEMENTATION AND CONTROL

Universal Precautions

All students will utilize universal precautions. Universal precautions is an approach to infection control to treat all human blood and certain human body fluids as if they were known to be infectious for HIV, HBV and other bloodborne pathogens.

Exposure Control Plan

Students covered by the bloodborne pathogens standard receive an explanation of this ECP during their initial training session in AT 180. It will also be reviewed in their annual refresher training that occurs each fall semester before the student is permitted to begin clinical hours. All students have an opportunity to review this plan at any time during their clinical hours by contacting the Director of the Athletic Training Program.

The Director of the Athletic Training Program is responsible for reviewing and updating the ECP annually or more frequently if necessary to reflect any new or modified tasks and procedures which affect occupational exposure and to reflect new or revised student positions with occupational exposure.

Engineering Controls

Engineering Controls and Work Practices Controls are practices and items designed to keep isolate or keep blood and OPIM away from the students. All engineering controls must be utilized and maintained at all times. Engineering controls and work practice controls will be used to prevent or minimize exposure to bloodborne pathogens. The specific engineering controls and work practice controls used are listed below:

- Hand washing facilities are readily available throughout the campus and will be used immediately by all students exposed to blood or OPIM as soon as feasible after removal of gloves or other protective equipment. As an alternative, antiseptic hand sanitizer will be available at all times for contests, practices, or conditioning sessions at fields and contest sites where running water is not available.
- All sharp objects contaminated with blood or OPIM must be discarded in a Sharps Container that is leak proof, puncture resistant, properly labeled, kept upright throughout use, replaced routinely, kept closed when moved, and not allowed to overfill. Sharps Containers are stored in the Athletic Training Rooms located in the Walt Griffin Physical Education Center, Limestone Center, and Timken Gymnasium. Reusable contaminated sharps disposal containers should never be manually opened, emptied, or cleaned.
- Biohazard containers/bags are available in the Athletic Training Rooms for materials that have become contaminated with blood or OPIM. Grossly soaked items are to be discarded in double biohazard bags.

Sharps disposal containers are inspected and maintained or replaced by the Environmental Health and Safety Compliance Officer whenever necessary to prevent overfilling.

Work Practice Controls

Latex or hypo-allergenic gloves shall be worn for all tasks where there is a likelihood of exposure to blood or other OPIM.

After treatment, disposable and reusable equipment shall be placed in separate biohazard containers/bags kept on the sidelines/benches. The biohazard containers/bags will remain on the sidelines/benches until after the contest when they will be removed and stored for proper decontamination or disposal.

When hand washing facilities are not available, hands must be cleansed with an antiseptic hand sanitizer immediately after gloves are removed. Hands shall then be thoroughly washing with soap and water as soon as possible.

Other means to reduce the likelihood of exposure are to restrict eating and drinking in potentially contaminated areas, preventing the storage of food or beverages in refrigerators or other locations where blood or OPIM are kept, and be sure to remove personal protective equipment before leaving the contaminated areas.

The Athletic Training Program identifies the need for changes in engineering control and work practices through a review of OSHA records, Athletic Training Program Evaluation of the Clinical Preceptor, Athletic Training Program Evaluation of the Affiliate Clinical Site, Clinical Experience Evaluations, ATS Evaluations of the Clinical Preceptor, and Exit Interviews

The Environmental Health and Safety Compliance Officer is responsible for checking the controls once daily in the athletics training room and weekly in all other areas replacing them as needed. Every nine days the sharps containers and the biohazard trash bins will be emptied and stored in a biohazard freezer. After 30 days the biohazard material will be removed from the freezer by Advanced Environmental Option inc. to be properly disposed of. A Disinfectant/Cleaning Schedule will be maintained on a daily basis where it will be documented when the area was cleaned and what cleaner was used.

Personal Protective Equipment (PPE)

PPE is provided to our students at no cost to them. Training is provided by the Athletic Training Program Faculty in the use of the appropriate PPE for the tasks or procedures students will perform. The types of PPE available to students are as follows:

- Latex examination gloves in appropriate sizes
- Protective glasses
- Face masks
- Face shields
- CPR barriers
- Protective gowns
- Sharps containers
- Sani-cloth germicidal disposable cloths for field hand washing

PPE is located in the Athletic Training Rooms located at the Walt Griffin Physical Education Center, Limestone Center, and Timken Gymnasium, medical kits, and athletic training student messenger packs. PPE may be obtained through the Athletic Training Program and/or Athletic Training Department Staff.

All students using PPE must observe the following precautions:

- Wash hands with soap and water immediately or as soon as feasible after removal of the gloves or other PPE. Hand sanitizer is available.
- Remove PPE after it becomes contaminated, and before leaving the work area. Used PPE may be disposed of in biohazard trash containers or sharps containers

- Wear appropriate gloves when it can be reasonably anticipated that there may be hand contact with blood or OPIM, and when handling or touching contaminated items or surfaces; replace gloves if torn, punctured, contaminated, or if their ability to function as a barrier is compromised.
- Never wash or decontaminate disposable gloves for reuse.
- Wear appropriate face and eye protection when splashes, sprays, spatters, or droplets of blood or OPIM pose a hazard to the eye, nose, or mouth.
- Remove immediately or as soon as feasible any garment contaminated by blood or OPIM, in such a way as to avoid contact with the outer surface.

Regulated Waste Disposal

- Disposable protective equipment and other contaminated materials must be disposed of properly in biohazard labeled bags and must not be reused.
- Used biohazard bags are disposed in a biohazard collection container with a biohazard warning label. Biohazard collection container is stored in the Athletic Training Rooms in the Walt Griffin Physical Education Center, Limestone Center, and Timken Gymnasium
- A Sharps Container is located in the Athletic Training Rooms in the Walt Griffin Physical Education Center, Limestone Center, and Timken Gymnasium.
- The Environmental Health and Safety Compliance Officer is responsible for checking the controls once daily in the athletics training room and weekly in all other areas replacing them as needed. Every nine days the sharps containers and the biohazard trash bins will be emptied and stored in a biohazard freezer. After 30 days the biohazard material will be removed from the freezer by Advanced Environmental Option inc. to be properly disposed of. A Disinfectant/Cleaning Schedule will be maintained on a daily basis where it will be documented when the area was cleaned and what cleaner was used.

Housekeeping

The facility shall be cleaned daily and all potentially contaminated surfaces disinfected with an EPA-approved disinfectant following the latest Center for Disease Control (CDC) guidelines.

Areas to be cleaned:

- Treatment tables
- Counter surfaces
- Equipment surfaces
- Sinks

Disinfectants to be used:

- Bleach solution and other EPA approved disinfectants

A copy of relevant information about the disinfectant products used and, as necessary, material safety data sheets are included in the hazardous communication plan.

Spills shall be cleaned as follows:

- Minor spills will be cleaned wearing heavy duty gloves, using absorbent materials and disinfected. All waste should be disposed of the proper container.
- Large spills shall be cleaned by covering the contaminated area with the appropriate absorbent material. Dispose of absorbent and disinfect the area using the disinfectant provided. After disinfection, the area should be washed and rinsed with clean water. PPE, including heavy duty gloves, goggles, and liquid resistant lab coat shall be worn during this cleanup.
- A mechanical device shall be used for handling broken glass or other sharp objects.

Laundry

All potentially contaminated laundry shall be handled while wearing personal protective equipment. It should

not be rinsed but containerized as near as possible to site of generation.

Special bags marked as biohazard or red in color are to be used for the transportation and collection of all contaminated clothing or linens. These will be given to the coaches in the event that an athletic trainer is not on site or unavailable to travel with the team and there is an issue with blood on a uniform. These bags will then be turned in to the athletic training room as soon as possible and the athletic training department will clean all soiled uniforms. Coaches need to make sure that there are spare uniforms on hand if there is an issue with blood on a uniform

Students should place contaminated laundry in the red biohazard bag and follow protocol for contaminated laundry in exposure control plan, see sample form.

HEPATITIS B VACCINATION

The Athletic Training Faculty will provide training to students on hepatitis B vaccinations, addressing the safety, benefits, efficacy, methods of administration, and availability.

The hepatitis B vaccination series is available after training and within 10 days of initial assignment to students identified in the exposure determination section of this plan. Vaccination is encouraged unless:

- documentation exists that the student has previously received the series,
- antibody testing reveals that the student is immune, or
- medical evaluation shows that vaccination is contraindicated.

However, if a student chooses to decline vaccination, the student must sign a declination form. Students who decline may request and obtain the vaccination at a later date. Documentation of refusal of the vaccination is kept in the ATS Portfolio. These records are maintained by the Athletic Training Faculty.

The vaccination is available in the Limestone University Health Center, Cherokee County Health Department, and/or at the office of the student's physician.

Following the medical evaluation, a copy of the health care professional's Written Opinion will be obtained and provided to the student. It will be limited to whether the student requires the hepatitis vaccine, and whether the vaccine was administered.

POST-EXPOSURE EVALUATION AND FOLLOW-UP

Should an exposure incident occur, the students should immediately inform the assigned Athletic Training Staff Member/Clinical Preceptor and contact the Director of the Athletic Training Program.

An immediately available confidential medical evaluation and follow-up will be conducted by the Athletic Training Staff Member/Clinical Preceptor, Director of the Athletic Training Program, and/or School Nurse. Following the initial first aid which involves cleaning the wound and/or flushing the eyes/other mucous membranes, the following activities will be performed:

- Document the routes of exposure and how the exposure occurred.
- Identify and document the source individual (unless the employer can establish that identification is infeasible or prohibited by state or local law).
- Obtain consent and make arrangements to have the source individual tested as soon as possible to determine HIV, HCV, and HBV infectivity; document that the source individual's test results were conveyed to the student's health care provider.
- If the source individual is already known to be HIV, HCV and/or HBV positive, new testing need not be performed.
- Assure that the exposed student is provided with the source individual's test results and with information

about applicable disclosure laws and regulations concerning the identity and infectious status of the source individual (e.g., laws protecting confidentiality).

- After obtaining consent, collect exposed student's blood as soon as feasible after exposure incident, and test blood for HBV and HIV serological status
- If the student does not give consent for HIV serological testing during collection of blood for baseline testing, preserve the baseline blood sample for at least 90 days; if the exposed student elects to have the baseline sample tested during this waiting period, perform testing as soon as feasible.

Students will be referred to Peachview Medical Park for Post-Exposure Evaluation. All students are required to have health insurance, which in this situation will act as primary insurance. Limestone University's Athletic Department Access Insurance will not act as secondary insurance in this situation.

ADMINISTRATION OF POST-EXPOSURE EVALUATION AND FOLLOW-UP

The Director of the Athletic Training Program ensures that health care professional(s) responsible for student's hepatitis B vaccination and post-exposure evaluation and follow-up are given a copy of OSHA's bloodborne pathogens standard.

The Director of the Athletic Training Program ensures that the health care professional evaluating an student after an exposure incident receives the following:

- a description of the student's job duties relevant to the exposure incident
- route(s) of exposure
- circumstances of exposure
- if possible, results of the source individual's blood test
- relevant student medical records, including vaccination status

The Director of the Athletic Training Program provides the student with a copy of the evaluating health care professional's written opinion within 15 days after completion of the evaluation.

PROCEDURES FOR EVALUATING THE CIRCUMSTANCES SURROUNDING AN EXPOSURE INCIDENT

The Director of the Athletic Training Program will review the circumstances of all exposure incidents to determine:

- engineering controls in use at the time
- work practices followed
- a description of the device being used (including type and brand)
- protective equipment or clothing that was used at the time of the exposure incident (gloves, eye shields, etc.)
- location of the incident (O.R., E.R., patient room, etc.)
- procedure being performed when the incident occurred
- student's training

ANNUAL BLOODBORNE PATHOGEN TRAINING FOR STUDENTS

All students who have occupational exposure to bloodborne pathogens receive training initially conducted by Athletic Training Faculty Members and thereafter by Safe Colleges: Campus Training for Faculty, Staff, and students.

All students who have occupational exposure to bloodborne pathogens receive training on the epidemiology, symptoms, and transmission of bloodborne pathogen diseases. In addition, the training program covers, at a minimum, the following elements:

- a copy and explanation of the standard
- an explanation of our ECP and how to obtain a copy
- an explanation of methods to recognize tasks and other activities that may involve exposure to blood and

- OPIM, including what constitutes an exposure incident
- an explanation of the use and limitations of engineering controls, work practices, and PPE
- an explanation of the types, uses, location, removal, handling, decontamination, and disposal of PPE * an explanation of the basis for PPE selection
- information on the hepatitis B vaccine, including information on its efficacy, safety, method of administration, the benefits of being vaccinated, and that the vaccine will be offered free of charge
- information on the appropriate actions to take and persons to contact in an emergency involving blood or OPIM
- an explanation of the procedure to follow if an exposure incident occurs, including the method of reporting the incident and the medical follow-up that will be made available
- information on the post-exposure evaluation and follow-up that the employer is required to provide for the student following an exposure incident
- an explanation of the signs and labels and/or color coding required by the standard and used at this facility
- an opportunity for interactive questions and answers with the person conducting the training session.

Training materials for this facility are located in the office of the Director of the Athletic Training Program.

RECORDKEEPING

Training Records Training records are completed for each student upon completion of training. These documents will be kept for at least three years in the ATS Portfolio.

The training records include:

- the dates of the training sessions
- the contents or a summary of the training sessions
- the names and qualifications of persons conducting the training
- the names and job titles of all persons attending the training sessions

Student training records are provided upon request to the student or the student's authorized representative within 15 working days. Such requests should be addressed to the Director of the Athletic Training Program.

Medical Records

Medical records are maintained for each student with occupational exposure in accordance with 29 CFR 1910.1020, "Access to Employee Exposure and Medical Records."

The Director of the Athletic Training Program is responsible for maintenance of the required medical records. These confidential records are kept for at least the duration of student enrollment plus 30 years.

Student medical records are provided upon request of the student or to anyone having written consent of the student within 15 working days. Such requests should be sent to the Director of the Athletic Training Program

OSHA Recordkeeping

An exposure incident is evaluated to determine if the case meets OSHA's Recordkeeping Requirements (29 CFR 1904). This determination and the recording activities are done by the Athletic Training Staff Members/Clinical Preceptors, Director of the Athletic Training Program, and/or School Nurse. Sharps Injury Log In addition to the 1904 Recordkeeping Requirements, all percutaneous injuries from contaminated sharps are also recorded in the Sharps Injury Log. All incidences must include at least: - the date of the injury - the type and brand of the device involved - the department or work area where the incident occurred -an explanation of how the incident occurred. This log is reviewed at least annually as part of the annual evaluation of the program and is maintained for at least five years following the end of the calendar year that they cover. If a copy is requested by anyone, it must have any personal identifiers removed from the report.

I. HAZARDOUS COMMUNICATION STANDARD POLICY (OSHA 1910-1200)

- A. Purpose: To provide information about the chemicals used at Limestone University Health Services for all employees; as new chemicals are introduced, provide updated information for the staff.
- B. Responsibility: The Director of Health Services or designee will oversee compliance with training and education related to this policy.
- C. Scope: All employees of Limestone University Health Services are responsible for complying with this standard.
- D. Policy: The Director of Health Services will maintain and update Material Safety Data Sheets for chemicals at Health Services.
 - i. A Material Safety Data Book with a list of all chemicals utilized in the clinic is located in the exam room at Health Services and is available at all times for employees to review.
 - ii. Material Safety Data Sheets (MSDSs) are provided by manufacturers for each chemical or group of chemicals.
 - iii. Annually, an education and training program is provided to the Staff of Health Services using various methods of training. Emphasis is placed on chemicals, hazards precautions, handling and first aid if exposure to chemical occurs.
 - iv. Staff Members of Health Services will be made aware of new chemicals before they are used, areas of use, protective equipment available and first aid.
 - v. All containers of hazardous substances must be labeled:
 - 1. If a hazardous chemical is transferred from one container to another and only that one person uses the new container, it need NOT be labeled.
 - 2. If left overnight or used by another person not pouring the chemical, then it MUST be labeled with:
 - a. Common Name
 - b. Chemical Name
 - c. Manufacturer
 - d. Hazardous warning-body parts affected.
 - vi. All new employees of Health Services will receive Hazard Communications training before working with chemicals; and again on an annual basis.
 - vii. Records will be maintained by the Director of Health Services or designee regarding their MSDS training.

I, _____ (print name) have participated in Annual Bloodborne Pathogen Training and reviewed the Exposure Control Plan, and have had ample opportunity to have any and all of my questions answered. My signature indicates that I understand and agree to abide by this policy.

Student Signature: _____

Date: _____

Limestone University
Athletic Training Program
Active Communicable/Infectious Disease Policy

It is the intent of the Athletic Training Program to protect the health and safety of its employees. This policy has been designed to provide employees, Clinical Preceptors, and Athletic Training Faculty with a plan to assist in the management of employees with communicable/infectious diseases as defined by the Centers for Disease Control (CDC) and the South Carolina Department of Health and Environmental Control (SC DHEC). Per the CDC, "Communicable disease" means an illness caused by an infectious agent or its toxins that occurs through the direct or indirect transmission of the infectious agent or its products from an infected individual or via an animal, vector or the inanimate environment to a susceptible animal or human host.

In accordance with the guidelines from the South Carolina Department of Health and Environmental Control and the Limestone University Health Center, the following policies and procedures have been developed for the control of communicable diseases. Any student who is diagnosed with a communicable disease identified on the South Carolina List of Reportable Conditions is required to be reported to the Region 2 Public Health Office. Students who contract a communicable disease are required to obey the prescribed guidelines by consulting physician(s) and may not participate in any Limestone University sanctioned events, including classes, until cleared by the consulting physician(s). The complete list of reportable conditions is available at <https://scdhec.gov/sites/default/files/Library/D-1129.pdf>.

Examples include:

- Bloodborne pathogens
- Diarrheal diseases
- Hepatitis viruses
- Measles
- Pediculosis
- Scabies
- Varicella
- SARS
- Poliomyelitis
- Staphylococcus aerus
- Conjunctivitis
- Diphtheria
- Herpes simplex
- Meningococcal infections
- Pertussis
- Streptococcal infections
- Herpes zoster
- Gastrointestinal infections
- Influenza
- Cytomegalovirus infections
- Enteroviral infections
- HIV
- Mumps
- Rubella
- Tuberculosis
- Viral respiratory infections
- Parovirus
- Rabies

The following guidelines have been established by the Athletic Training Program to prevent exposure and infection:

- Students must submit Limestone University Medical History and Physical Examination during the application period.
- Students must submit an immunization record that minimally indicates immunity to measles, tetanus, meningitis, hepatitis B, and tuberculosis.
- Students must successfully complete annual Bloodborne Pathogen Training.
- Students are required to use proper hand washing techniques and practice good hygiene at all times.
- Students are required to use Universal Precautions at all times when functioning as a Student in the Athletic Training Program. This applies to all clinical sites and affiliated clinical sites.
- Students are not to attend clinical rotations or clinical experiences if they have active signs or symptoms of a communicable disease.

The following guidelines have been established by the Athletic Training Program to manage a potential infection:

- Any student who has been exposed to a potential infection before, during, or after a clinical experience should report that exposure to his/her Clinical Preceptor immediately.
- Any student who demonstrates signs or symptoms of infection or disease that may place him/her and/or his/her patients at risk, should report that potential infection or disease immediately to the Clinical Preceptor so that they can set up a referral to a physician.
- Any student who has been diagnosed with a communicable disease may not return to clinical rotations and/or clinical experiences until they have been cleared by a consulting physician(s).
- The student is responsible for keeping the PD and/or CEC informed of his/her conditions that require extended care and/or missed class/clinical time. The student may be required to provide written documentation from a physician to return to class and/or clinical site.
- If a student feels ill enough to miss ANY class, that Student should notify the appropriate instructor immediately.
- If a student feels ill enough to miss ANY clinical experience, that Student should notify the CEC and Clinical Preceptor immediately.

I, _____ (print name), have reviewed the Athletic Training Program's Active Communicable/Infectious Disease Policy and had ample opportunity to have any and all questions answered. My signature indicates that I understand and agree to abide by this policy.

Student Signature: _____ Date: _____

LIMESTONE UNIVERSITY ATHLETIC DEPARTMENT EMERGENCY ACTION PLAN

The purpose of this document is to provide instructions to members of the Limestone University Athletic Department in the event of a medical emergency regarding student-athletes. A medical emergency is defined as any sudden life threatening injury or illness that requires immediate medical attention. Emergency situations can occur at any time during athletic participation. Prompt and decisive action needs to be taken to ensure the best care possible is given in a timely manner. All members of the athletic department who work directly with athletes are required to familiarize themselves with this plan. Throughout the year there might be many times in which an athletic trainer or medical professional is not immediately available. This places the coaching staff in the position of being the first responder to provide medical care including cardiopulmonary resuscitation and first aid. **All coaches are required to have and maintain CPR certification during their employment at Limestone University.** At the beginning of each academic year the Athletic Training Department will provide instruction designed to certify individuals in Cardiopulmonary Resuscitation (CPR) and the use of Automated External Defibrillator (AED).

Athletic personnel should review the policy at the beginning of each academic year. Coaches should discuss the policy in detail with the athletic trainer assigned to their sport. An emergency plan exists for all organized practices and competitions, including out of season training, strength training and conditioning workouts. Those with the highest level of health training, such as the Certified Athletic Trainer, Emergency Medical Staff, Strength and Conditioning Staff, or Athletic Training Student are responsible for the emergency plan at a session or event. If a member of the sports medicine or strength training staff is not available at a practice, then the Coach is responsible for the emergency plan. It is important for the safety of the student athletes, game officials, fans and school personnel that the emergency action plan is understood and followed.

Hopefully, potential emergencies will be avoided by thorough physical screenings of an athlete prior to participation in any sport. Also, safe practices, including training techniques, and adequate medical coverage should be taken into consideration. However, accidents and injuries are inherent with sports participation. Therefore, proper preparation on the part of the athletic staff will enable each emergency situation to be managed appropriately. Any questions you have about the emergency action plan should be discussed immediately with Adam Ranns the Assistant Athletic Director of Sports Health.

There are three basic components of this plan: Emergency Personnel, Emergency Communication, and Emergency Equipment. A summary emergency template is provided at the end for your convenience.

I. EMERGENCY PERSONNEL

The type and degree of sports medicine coverage for an athletic event may vary based on factors such as the particular sport or activity, the setting, and the type of training or competition. With the majority of athletic contests and practices, the first responder to an emergency situation is typically a member of the sports medicine staff, most commonly a Certified Athletic Trainer. Other members of the emergency team may include Strength and Conditioning Staff, Emergency Medical Technicians, Athletic Training Student and Coaches. Roles of these individuals within the emergency team may vary depending on various factors such as number of members of the team, the athletic venue itself, or the preference of the athletic trainer.

Roles within the emergency team include:

- A. Immediate Care of the Athlete (By those with highest level of health training)
- B. Emergency Equipment Retrieval
- C. Activation of Emergency Medical Services
- D. Directions to the Emergency Site (EMS)

A. Immediate Care of the Athlete

The first and most important role is immediate care of the athlete. Acute care in an emergency situation will be provided by the **most qualified individual on the scene**. Individuals with lower levels of medical training should yield to those with more appropriate training. This should be determined in advance of each training session.

B. Emergency Equipment Retrieval

The second role, equipment retrieval, may be done by anyone on the emergency team who is familiar with the types and location of the specific equipment needed. Athletic Training Student, coaches and athletic department personnel are good staff members for this role. Important emergency equipment is noted below.

C. Activation of Emergency Medical Services (EMS)

The third role, EMS activation, should be done as soon as the situation is deemed a "Medical emergency". Time is the most critical factor. Activating the EMS system may be done by anyone on the team. However, the person chosen for this duty should be someone who is calm under pressure, who communicates well, and who is familiar with the location of the sporting event. Steps for activating the Emergency Medical System are stated below.

D. Directions to the Emergency Site

After EMS has been activated, one member of the team should be responsible for meeting the emergency medical personnel as they arrive at the site of the contest, if they are not already there. Depending on ease of access, this person should have keys to any locked gates or doors that may hinder the arrival of medical personnel. An Athletic Training Student, manager or coach may be appropriate for this role.

II. EMERGENCY COMMUNICATION

A. Activation of Emergency Medical System (EMS)

In the event that an emergency occurs, a member of the Emergency Team should promptly contact Emergency Medical Services (EMS). Phone numbers of emergency personnel should be programmed into all Limestone University issue cell phones, or in the medical kit. It is the responsibility of both the Certified Athletic Trainer and coaches to make sure their cell phone is accessible during practice/competition. A back up communication plan should be in effect if there should be failure of the primary communication system.

B. Contacting the Emergency Medical Services (EMS)

1. If Emergency Medical Personnel are at the event, then a signal (discussed in advance) should be given to summon them forward.
2. If EMS is not on site call **911**.
3. The following information should be provided to the dispatcher:
 - a. Your name
 - b. Exact location where the injury occurred and where you will meet them
 - c. The number you are calling from
 - d. Number of injured athletes
 - e. The condition of the athlete(s)
 - f. The care being provided
 - g. Make sure that you hang up only after the dispatcher has hung up.
4. Notify someone from the sports medicine staff and Limestone Public Safety. Contact numbers are listed below.
5. As EMS is being dispatched, make sure someone is designated to retrieve any emergency equipment.
6. Have an emergency personnel member serve as crowd control and keep other athletes away from victim.
7. Send someone to meet the ambulance at the designated spot.
8. An emergency personnel member will accompany the injured athlete to the hospital (Cherokee Medical Center). The emergency personnel member should bring medical and/or insurance information with them to the hospital if accessible in a timely manner.

*A synopsis of this is provided for each major practice site and competition sites. Please review it in advance.

III. EMERGENCY EQUIPMENT

The majority of emergency equipment will be under the control of a member of the sports medicine staff (ie: physician, AT) or Emergency Medical Personnel. The highest trained provider at the event should be aware of what equipment is readily available at the venue or event. All necessary emergency equipment should be quickly accessible. Appropriate personnel should be familiar with the function and operation of available equipment. The equipment should be in good condition and checked regularly. The highest trained member of the staff should determine in advance the type and manner in which any equipment is at or to be delivered to the site. Unless immediately adjacent to a training room, non-sports medicine staff members should rely on emergency medical services for all equipment. The following is a list of important available equipment and their location:

- Spine board - Spine boarding is the responsibility of the EMERGENCY MEDICAL PERSONNEL, Physician, and/or Certified Athletic Trainer. Available in EMS trucks and Walt Griffin Athletic Training Facility.
- Splints - Available in Walt Griffin and Timken Athletic Training Facilities or on site with AT which will be handled by AT and Athletic Training Student only.
- Automatic Electronic Defibrillators (AED's) - Available in all EMS and Fire trucks and as well as the following locations at Limestone University:
 - Timken East - Wall Mounted AED located by the Student REC desk

- Timken Gym - Wall mounted AED located in the Main Lobby
- Certified Athletic Trainer - Mobile AED with them in the RED or BLUE STAT PACK
- Limestone Center Weight Room
- Limestone Public Safety Office
- Limestone University Health Center
- Stevenson Dining Hall
- A.J. Eastwood Library

The Closest AED to practice/competition field should be located prior to the start of activity. It is the responsibility of the Certified Athletic Trainer to have a STAT PACK with them while at practice. It is the responsibility of the coaching staff to locate the closest STAT pack if there is not an AT present on their practice field.

EMERGENCY PHONE NUMBERS

Emergency number	911
Limestone University Public Safety	864-488-8344
Cherokee Medical Center ER	864-487-1544 (Triage) 864-487-1611 (ER Registration)
Spartanburg Regional Emergency Center	864-560-6089 (Triage)

***** REMEMBER TO DIAL "9" WHEN CALLING FROM AN ON-CAMPUS PHONE*****

Athletic Training Staff

Assistant Athletic Director for Sports Health / Head Athletic Trainer:

Adam Ranns 864-488-8361 (Office) 864-761-6947 (Cell)

Assistant Athletic Trainers:

Justin Cheek 864-488-8362 (Office) 864-761-6701 (Cell)
 Josh Nelson 864-488-4462 (Office) 864-838-2215 (Cell)
 Brianne Jones 864-488-8237 (Office) 864-761-6867 (Cell)
 Aaron Ellis 864-488-4377 (Office) 864-838-0329 (Cell)
 Kia Pierce 864-488-4556 (Office) 864-761-6793 (Cell)
 Ardejah Beard 864-488-4384 (Office) 864-492-8914 (Cell)

Administrators

Vice President for Intercollegiate Athletics

Michael Cerino 864-488-4564 (Office) 864-761-7399 (Cell)

Senior Associate Athletic Director for Compliance

Dennis Bloomer 864-488-4561 (Office) 864-809-5353 (Cell)

Assistant Athletic Director for Sports Performance

Curtis Lamb 864-488-8354 (Office) 864-809-7479 (Cell)

Assistant Athletic Director for Athletics Facilities and Operations
Matt Hayes 864-488-4456 (Office) 864-838-9908 (Cell)

IN CASE OF EMERGENCY, DO THE FOLLOWING:

- I. PROVIDE EMERGENCY CARE (First Aid/CPR)
- II. Contact Emergency Medical Services
 - Signal Emergency medical personnel (if on site) or call 911
- III. Provide the following information:
 - Your name
 - Exact location where injured
 - Where you will meet EMS
 - Number you are calling from
 - Number of injured individuals
 - Condition of the injured individuals
 - Care being provided
 - Wait for emergency person to end call
- IV. Send someone to meet EMS
- V. If appropriate, retrieve medical equipment
- VI. Notify the sports medicine staff and Limestone Public Safety
- VII. Control crowd to keep person safe
- VIII. Staff member should accompany individual to emergency room

**EAP Walt Griffin Physical Education Building
Athletic Training Facility/Weight Lifting/Wrestling Practice Room/Springs Field**

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility in the Walt Griffin Physical Education Building.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **305 Thompson Street, Gaffney, SC 29340. Turn left onto Limestone Street, turn left onto College Drive, turn right onto Griffith Street, turn right onto East O'Neal Street, turn left onto Thompson Street, and turn right into the first parking lot at the Walt Griffin PE Building.**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Athletic training medical kit and Red/Blue STAT PACK. Additional equipment is located in the Athletic Training Facility in the Walt Griffin Physical Education Building.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



**Lower Practice Field
Soccer and Lacrosse Practice Field**

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility in the Limestone Center.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **1115 College Drive, Gaffney, SC 29340. Turn left onto Limestone Street, turn left onto College Drive, turn left onto Hetty Hill Drive, and turn right into Saints Field Athletic Complex. The field is located adjacent to the parking main parking lot.**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Athletic training medical kit and Red/Blue STAT PACK. Additional equipment is located in the Athletic Training Facility in the Limestone Center.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



**Turf Game Field
Field Hockey/Lacrosse/Soccer**

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **210 Leadmine Street, Gaffney, SC 29340. Turn left onto Limestone Street, turn left onto College Drive, turn left onto Hetty Hill Drive, and turn right onto Leadmine Street. Field access located on the south side parking lot of the Limestone Center.**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the Athletic training medical kit and Red/Blue STAT PACK on the field. Additional equipment is located in the Athletic Training Facility of the Limestone Center.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



Bob Prevatte Baseball Field Baseball

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. 1115 College Drive, Gaffney, SC 29340. Turn left onto Limestone Street, turn left onto College Drive, turn left onto Hetty Hill Drive, and turn right into Saints Field Athletic Complex. The field is located straight through the gate of the main parking lot.
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the Athletic training medical kit and Red/Blue STAT PACK on the field. Additional equipment is located in the Athletic Training Facility of the Limestone Center.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



Upper Practice Field Football Practice Field

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **210 Leadmine Street, Gaffney, SC 29340. Turn left onto Limestone Street, turn left onto College Drive, turn Left onto Hetty Hill Drive, and turn right onto Leadmine Street. Field access located on the south side parking lot of the Limestone Center.**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the Athletic training medical kit and Red/Blue STAT PACK on the field. Additional equipment is located in the Athletic Training Facility of the Limestone Center.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



Emmie Evans Rector Tennis Center Tennis

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **1115 College Drive, Gaffney, SC 29340.** Turn left onto Limestone Street, turn left onto College Drive, turn left onto Hetty Hill Drive, and turn right into the Emmie Evans Rector Tennis Center parking lot.
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the Athletic training medical kit and Red/Blue STAT PACK or in the tennis pavilion. Additional equipment is located in the Athletic Training Facility of the Limestone Center.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



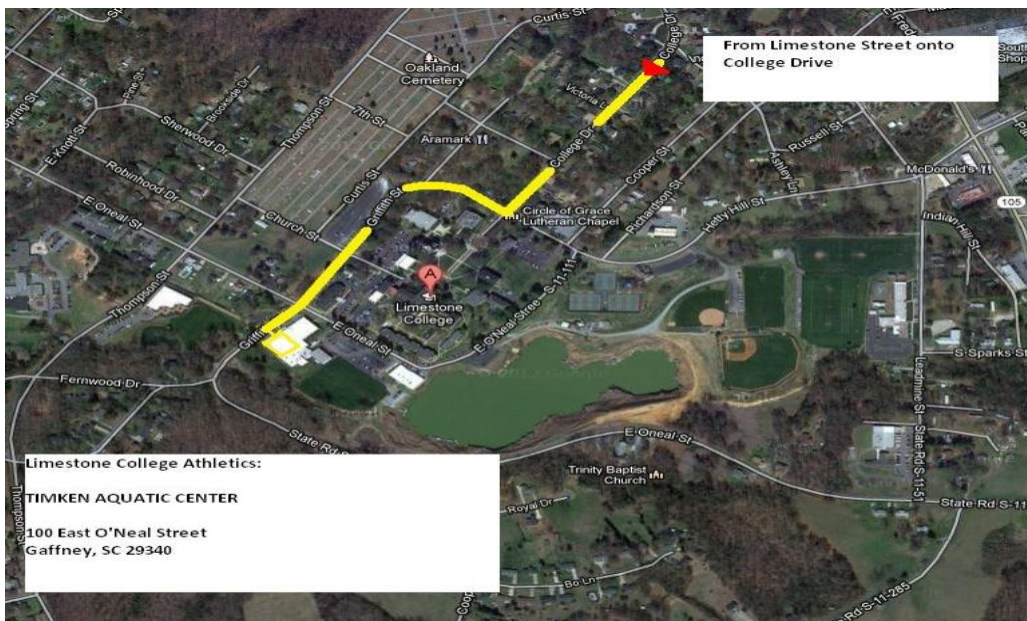
Limestone Center Athletic Training Facility

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **210 Leadmine Street, Gaffney, SC 29340. Turn left onto Limestone Street, turn left onto College Drive, turn left onto Hetty Hill Drive, and turn right onto Leadmine Street. Athletic Training Facility access is in the side door next to the football field of the Limestone Center Building. The Athletic Training Facility is the first door on the right after entering the building.**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the Athletic Training Facility of the Limestone Center.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



Timken Aquatic Center Swimming

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **100 East O'Neal Street, Gaffney, SC 29340. Turn left onto Limestone Street, turn left onto College Drive, and turn right onto Griffith Street. At the 4-way stop sign go straight into the parking lot on the left. Flagger will be waiting.**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the Athletic training medical kit and Red/Blue STAT PACK or in the Athletic Training Facility of the Timken gymnasium. Spine boarding equipment is located on the pool deck.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



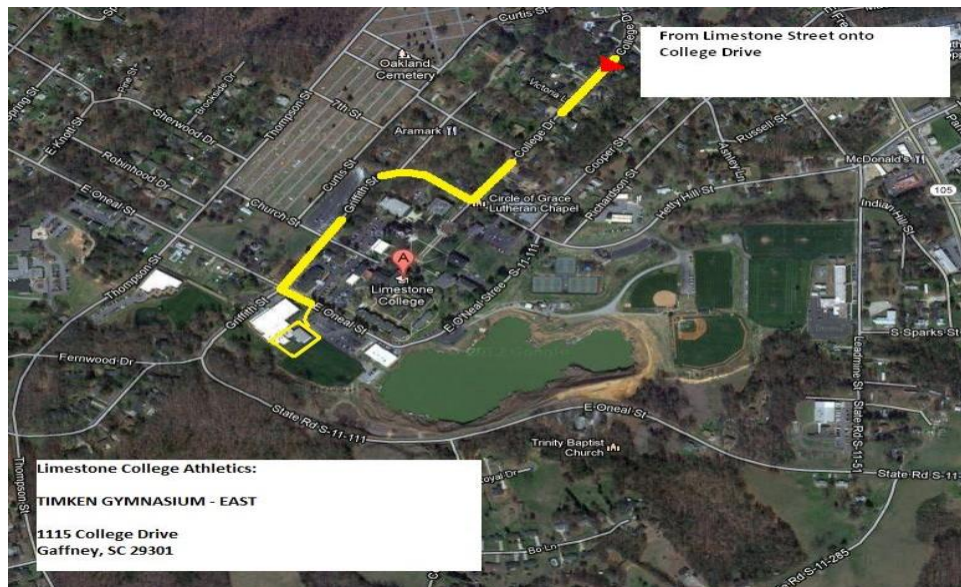
Timken Gymnasium West
Basketball/Volleyball/Cheerleading/Dance/Wrestling/Athletic Training Facility

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **100 East O'Neal Street, Gaffney, SC 29340. Turn left onto Limestone Street, turn left onto College Drive, and turn right onto Griffith Street. At the 4-way stop turn left onto Cory Road. Turn right into the first parking lot.**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the Athletic training medical kit and Red/Blue STAT PACK or in the Athletic Training Facility of the Timken gymnasium.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



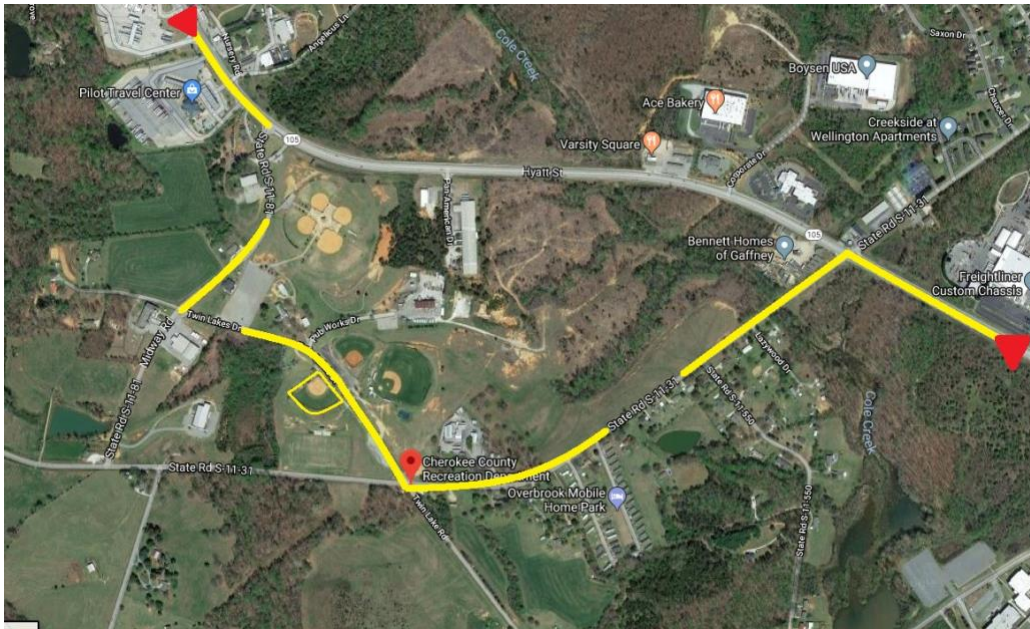
Timken Gymnasium East
Intramurals/Cheerleading/Dance/Acrobatics and Tumbling

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **100 East O'Neal Street, Gaffney, SC 29340. Turn left onto Limestone Street, turn left onto College Drive, and turn right onto Griffith Street. At the 4-way stop turn left onto Cory Road. Turn right into the first parking lot.**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the Athletic training medical kit and Red/Blue STAT PACK or in the Athletic Training Facility of the Timken gymnasium.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



Babe Ruth Field Softball Complex

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **600 Twin Lake Road, Gaffney, SC 29340. Turn left onto Limestone Street, turn right onto Hyatt Street, turn left on Overbrook Drive, and turn Right on Twin Lake Road.**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the Athletic training medical kit and Red/Blue STAT PACK
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



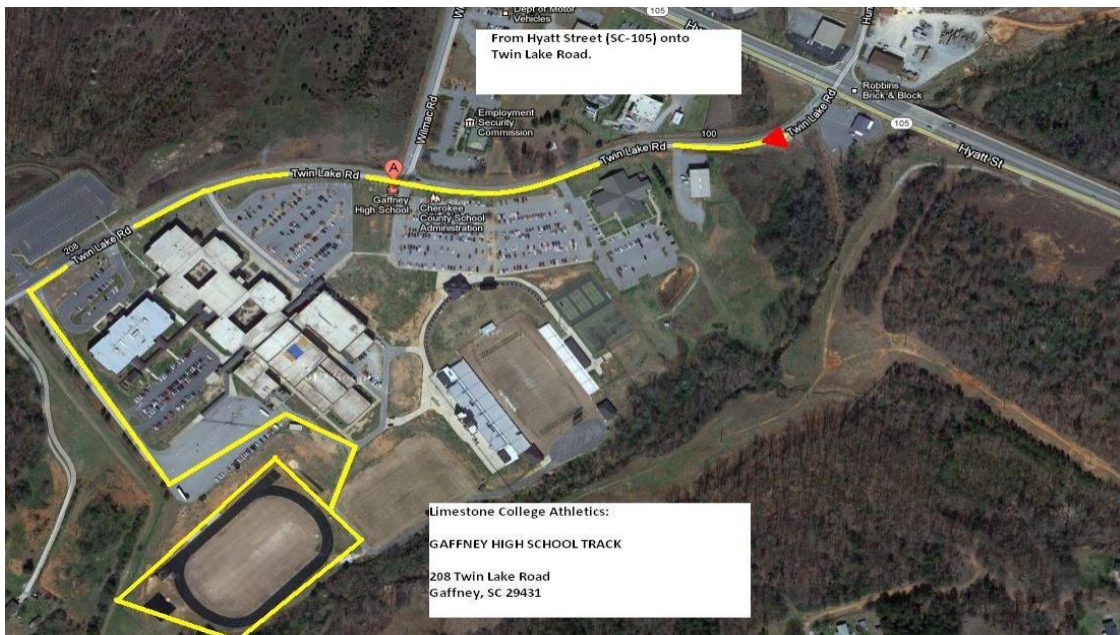
Cherokee National Golf Course

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **442 Cherokee National Hwy, Gaffney, SC 29341. Turn left onto Limestone Street, turn right onto Floyd Baker Boulevard, and turn right onto Cherokee National Hwy. The Golf Course Clubhouse will be on the right one mile down the road.**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the clubhouse of the golf course.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



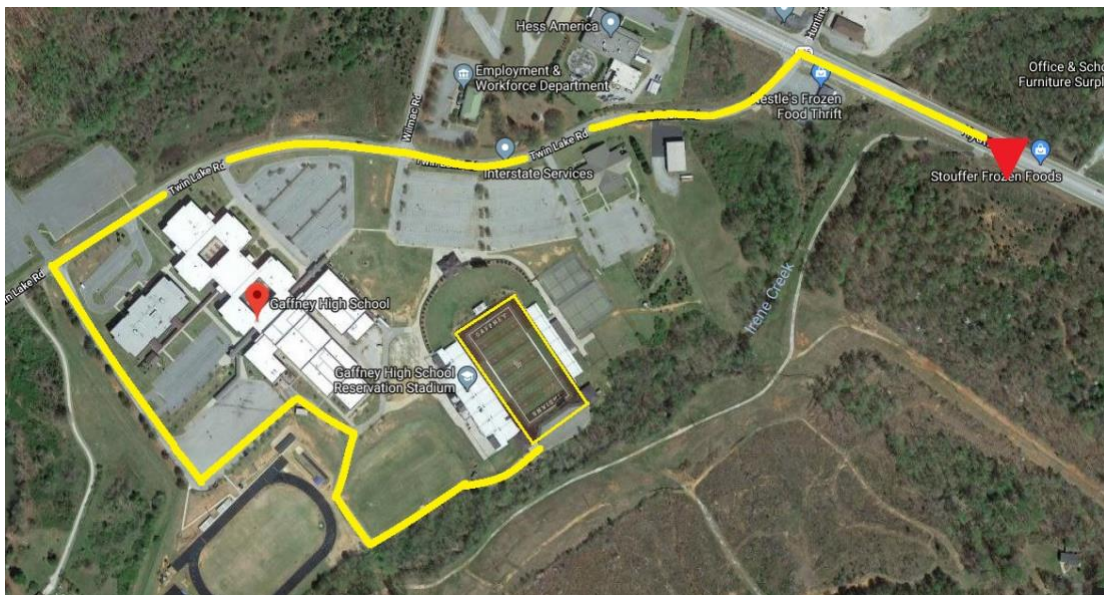
Gaffney High School Track Limestone Track and Field Practice

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. 149 Twin Lake Road, Gaffney, SC 29340. Turn left onto Limestone Street, turn right onto Hyatt Street, turn Left on Overbrook Drive, and turn right on Twin Lake Road. The track is located behind the school.
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the athletic training medical kit.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital.
Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



Gaffney High School Football Stadium Limestone University Football Games

1. Immediate care of the athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility.
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **208 Twin Lake Road, Gaffney, SC 29340. Turn left onto Limestone Street, turn right onto Hyatt Street, turn Left on Overbrook Drive, and turn right on Twin Lake Road. The football stadium is on the side of the school.**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. Athletic Training Facility Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext. 8344
5. Equipment Retrieval: Located in the Athletic training medical kit and Red/Blue STAT PACK on the field. Additional equipment is located in the Athletic Training Facility of the Limestone Center.
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



**Limestone University EAP by Venue
Gaffney Middle School Track
Various Sports Condition**

1. Immediate care of the Athlete
2. Emergency equipment retrieval: located in the Athletic Training Facility
3. Activate EMS 911
 - a. State your name
 - b. Exact location where the injury occurred and where you will meet them (flaggers)
 - c. The number you are calling from
 - d. The number of injured athletes
 - e. The condition of the athlete(s)
 - f. Directions to the venue
 - a. **111 Porter Street Gaffney SC 29340. Turn left out of the hospital onto Limestone Street. Turn left onto Fredrick Street. Turn left onto Porter Street. Straight ahead will be Gaffney Middle School Track**
 - g. Hang up the phone only after the EMS dispatcher gives you permission.
4. Notify someone from the athletic training staff and public safety office
 - a. ATHLETIC TRAINING FACILITY Land Line: 864-488-4019 or Ext 4019
 - b. Head Athletic Trainer: 864-761-6947
 - c. Limestone Public Safety: 864-488-8344 or Ext 8344
5. Equipment Retrieval: Located in the ATHLETIC TRAINING FACILITY of the Limestone Center. On field: AT kit and Red/Blue STAT PACK
6. Designate persons to serve as a crowd controller
7. Send flaggers to meet EMS in the designated spot
8. An emergency personnel member will accompany the injured athlete to the hospital. Emergency personnel should bring medical and/or insurance information with them to the hospital if available.



**Limestone University
Athletic Training Department
Lightening Policy**

The Athletic Training Department follows the recommendations of the NATA Position Statement on Lightening Safety for Athletics and Recreation.

Limestone University also uses the outside source of DTN weather sentry to monitor weather. The Limestone University athletic training staff monitors the weather on a daily basis and is warned when lightning is in a hazardous area. The athletic training staff will inform all coaches impacted by the threat of inclement weather of the potential danger and reschedule practice or competitions as needed.

DTN weather sentry will notify the athletic trainers and the head coaches for off campus sports via text and or Email. A Lightening Advisory text will be sent when there are lightning strikes with in a 30 mile radius of monitored locations. At that time the coaches should be aware of the incoming weather and have a heightened awareness of the potential danger. A Lightening Warning test will be sent when there are strikes with in a 8 mile radius. At that time immediate evacuation of the fields is necessary. All athletes should be directed to seek shelter in the nearest safe structure. An all clear text will be sent letting everyone know is safe to leave shelter only after there have been no strikes inside 8miles for the last 30min.

Limestone University has identified Safe Structures for each athletic venue. The primary choice for a Safe Structure is a building with grounding from plumbing and electrical sources. The secondary choice for a Safe Structure is a fully enclosed vehicle with a metal roof and closed windows.

Athletic Venue	Safe Structure
Baseball Complex	Team Vehicles, indoor bathroom facilities, Limestone Center and/or Tennis Pavilion
Softball Complex	Team Vehicles
Lacrosse/Soccer Practice Field	Team Vehicles, Limestone Center and/or Tennis Pavilion
Lacrosse/Soccer Game Field	Team Vehicles, Limestone Center and/or Tennis Pavilion
Springs Practice Field	Timken Gymnasium, Walt Griffin PE center
Timken Practice Field	Timken Gymnasium
Cherokee National Golf Club	Cherokee National Golf Club house
Tennis Courts	Tennis Pavilion
Gaffney High School Football Stadium	Locker Rooms
Gaffney High School Track	Team Vehicles
Gaffney Middle School Track	Team Vehicles

All athletic contests and/or practices must be postponed immediately and will not be resumed until 30 minutes after the last flash of lightening and/or sound of thunder. The call to suspend and/or resume an athletic contest and/or practice is at the discretion of the Athletic Training Department. Individuals not complying with the recommendations of the Athletic Training Department regarding the immediate cessation of athletic activity will be reported to the Athletic Director.

**Limestone University
Athletic Training Program
Clinical Hour Record**

Student: _____

Practicum: _____

Semester: _____

Date	Site	Experiences	Times	Daily Total	Pre	Px	Gm	Clinical Preceptor
<u>Sun</u>								
<u>M</u>								
<u>T</u>								
<u>W</u>								
<u>Th</u>								
<u>F</u>								
<u>S</u>								
Week Of:			Weekly Total:					
<u>Sun</u>								
<u>M</u>								
<u>T</u>								
<u>W</u>								
<u>Th</u>								
<u>F</u>								
<u>S</u>								
Week Of:			Weekly Total:					
<u>Sun</u>								
<u>M</u>								
<u>T</u>								
<u>W</u>								
<u>Th</u>								
<u>F</u>								
<u>S</u>								
Week Of:			Weekly Total:					

Athletic Training Program Faculty: Clinical Hours/Week are calculated from Sunday to Saturday.

*Boxes in gray are for staff use only. Page Total: _____

**Limestone University
Athletic Training Program
Disciplinary Notification**

Dear _____,

As stated in your ATS Handbook, in situations that warrant disciplinary action, students will first receive a verbal warning that will address and attempt resolution of the previously stated issue. You were issued a verbal warning on _____ by _____ for the following reasons:

- 1.
- 2.

This is considered a major/minor disciplinary offense; therefore, you are requested to meet with the Athletic Training Faculty/Staff on _____.

Sincerely,

Actions/Resolution:

Clinical Preceptor Signature: _____

Date: _____

Student Signature: _____

Date: _____

**Limestone University
Athletic Training Program
Freshman Rotation Evaluation**

Applicant: _____

Clinical Preceptor: _____

Dates of Rotation: _____

Date of Evaluation: _____

Instructions: Clinical Preceptors please fill out based on your interactions with the applicant during assigned rotations. Elaborate on all items "6" and below. Also, indicate the applicant's strengths and weaknesses identified during the assigned rotation. All applicable parties must sign this evaluation.

Professional Attributes	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Adhered to dress code and appearance was always professional.						
Demonstrated punctuality during rotation.						
Demonstrated dependable behavior during rotation.						
Demonstrated maturity during the rotation.						
Demonstrated good communication skills with Clinical Preceptors, medical personnel, coaches, and fellow students during rotation.						
Maintained appropriate relationships with peers during the rotation.						
Actively shadowed Clinical Preceptor during the rotation						
Completed all observation hours in a timely manner during the rotation.						
Demonstrated awareness to the "chain of command" within the profession of athletic training.						
Demonstrated a willingness to learn during the rotation.						
Demonstrated enthusiasm during the rotation toward the profession of Athletic Training						
Accepted constructive criticism during the rotation.						
Adhered to the Athletic Training Program Policy of no cell phone usage (including texting) during clinical experiences.						
Provided each Clinical Preceptors with a schedule during the rotation and adhered to the schedule.						

What is your recommendation regarding admitting this student to the Athletic Training Program? Please elaborate.

Clinical Preceptor Signature: _____

Date: _____

Applicant Signature: _____

Date: _____

**Limestone University
Athletic Training Program
Clinical Experience Evaluations – SOPHOMORES**

Student: _____

Clinical Preceptor/Experience/Site: _____

Month/Year of Evaluation: _____ Athletic Training Practicum: _____

Instructions: Clinical Preceptors please fill out based on your interactions with the student during assigned clinical experiences. **Please take into consideration the level of the student in the Athletic Training Program.** Elaborate on all items marked “Disagree” or below. Also, indicate the student’s strengths and weaknesses identified during the assigned clinical experience. All applicable parties must sign this evaluation.

Professional and personal qualities	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Missed Opportunity	Not Observed
Communication with patients (<i>speaks at a level and in a manner that others understand, actively listens, confident</i>)							
Communication with healthcare professionals, coaches, family members, and other applicable parties (<i>speaks at a level and in a manner that others understand, actively listens, confident</i>)							
Communication with Clinical Preceptor (<i>interacts well, actively listens, schedules appointments, in timely manner</i>)							
Work ethic (<i>strives for quality, thorough, isn't always looking to leave, responsible</i>)							
Confidence level (<i>applies skills without hesitation, eager to demonstrate, displays, appropriate level of confidence</i>)							
Shows initiative (<i>acts without being asked, stays occupied, resourceful in seeking answers</i>)							
Adaptability (<i>flexible, adjusts to changing situations/settings, resourceful</i>)							
Time management (<i>arrives on time, efficient, prepared for practice, thinks ahead</i>)							
Ethical practice (<i>treats people equally, maintains confidentiality, adheres to NATA Code of Ethics and BOC Standards of Professional Practice</i>)							
Professionalism (<i>courteous, respectful, appropriate dress, appropriate language, appropriate behavior</i>)							
Ability to handle stress (<i>handles more than one thing at a time, emotionally stable</i>)							
Advancing knowledge (<i>eager, asks questions, practices on own, self-motivator, uses EBP, works to improve</i>)							
Acceptance to constructive criticism (<i>accepts</i>)							

<i>feedback positively, used in a positive manner)</i>							
<i>Alert/prepared at practices and games (ready to act, not distracted, knowledge of EAP)</i>							

Comments:

Emergency care and prevention skills	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Missed Opportunity	Not Observed
Proficient with the management of open wounds and/or blisters. Adheres to bloodborne pathogen protocols.							
Proficient with taping and wrapping skills of the upper extremity. Tasks are performed with speed in efficiency.							
Proficient with taping and wrapping skills for the lower extremity. Tasks are performed with speed and efficiency.							
Develop, implement, and revise policies that pertain to prevention, preparedness, and response to medical emergencies and other critical incidents.							
Monitor and evaluate environmental conditions to make appropriate recommendations to start, stop, or modify activity in order to prevent environmental illness or injury.							
Evaluate and manage patients with acute conditions, including triaging conditions that are life threatening or otherwise emergent.							

Comments:

Clinical evaluation skills: orthopedic and general medical conditions	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Missed Opportunity	Not Observed
Perform an examination to formulate a diagnosis and plan of care for patients with health conditions commonly seen in athletic training practice. The examination must minimally include a medical history, identification of comorbidities, a functional assessment, and the selection and use of tests for diagnostic purposes.							
Incorporate patient education and self-care programs to engage patients and their families and friends to participate in their							

care and recovery							
Use a comprehensive patient-file management system (including diagnostic and procedural codes) for documentation of patient care and health insurance management.							

Comments:

Strengths Noted/Goals Met:

Overall Comments:

Clinical Preceptor Signature: _____ Date: _____

Student Signature: _____ Date: _____

Limestone University
Athletic Training Program
Clinical Experience Evaluations – JUNIORS and SENIORS

Student: _____

Clinical Preceptor/Experience/Site: _____

Month/Year of Evaluation: _____ Athletic Training Practicum: _____

Instructions: Clinical Preceptors please fill out based on your interactions with the student during assigned clinical experiences. **Please take into consideration the level of the student in the Athletic Training Program.** Elaborate on all items marked “Disagree” or below. Also, indicate the student’s strengths and weaknesses identified during the assigned clinical experience. All applicable parties must sign this evaluation.

Professional and personal qualities	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Missed Opportunity	Not Observed
Communication with patients (<i>speaks at a level and in a manner that others understand, actively listens, confident</i>)							
Communication with healthcare professionals, coaches, family members, and other applicable parties (<i>speaks at a level and in a manner that others understand, actively listens, confident</i>)							
Communication with Clinical Preceptor (<i>interacts well, actively listens, schedules appointments, in timely manner</i>)							
Work ethic (<i>strives for quality, thorough, isn't always looking to leave, responsible</i>)							
Confidence level (<i>applies skills without hesitation, eager to demonstrate, displays, appropriate level of confidence</i>)							
Shows initiative (<i>acts without being asked, stays occupied, resourceful in seeking answers</i>)							
Adaptability (<i>flexible, adjusts to changing situations/settings, resourceful</i>)							
Time management (<i>arrives on time, efficient, prepared for practice, thinks ahead</i>)							
Ethical practice (<i>treats people equally, maintains confidentiality, adheres to NATA Code of Ethics and BOC Standards of Professional Practice</i>)							
Professionalism (<i>courteous, respectful, appropriate dress, appropriate language, appropriate behavior</i>)							
Ability to handle stress (<i>handles more than one thing at a time, emotionally stable</i>)							
Advancing knowledge (<i>eager, asks questions, practices on own, self-motivator, uses EBP, works to improve</i>)							
Acceptance to constructive criticism (<i>accepts</i>)							

<i>feedback positively, used in a positive manner)</i>							
<i>Alert/prepared at practices and games (ready to act, not distracted, knowledge of EAP)</i>							

Comments:

Emergency care and prevention skills	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Missed Opportunity	Not Observed
Proficient with the management of open wounds and/or blisters. Adheres to bloodborne pathogen protocols.							
Proficient with taping and wrapping skills of the upper extremity. Tasks are performed with speed in efficiency.							
Proficient with taping and wrapping skills for the lower extremity. Tasks are performed with speed and efficiency.							
Develop, implement, and revise policies that pertain to prevention, preparedness, and response to medical emergencies and other critical incidents.							
Monitor and evaluate environmental conditions to make appropriate recommendations to start, stop, or modify activity in order to prevent environmental illness or injury.							
Evaluate and manage patients with acute conditions, including triaging conditions that are life threatening or otherwise emergent.							

Comments:

Clinical evaluation skills: orthopedic and general medical conditions	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Missed Opportunity	Not Observed
Perform an examination to formulate a diagnosis and plan of care for patients with health conditions commonly seen in athletic training practice. The examination must minimally include a medical history, identification of comorbidities, a functional assessment, and the selection and use of tests for diagnostic purposes.							
Incorporate patient education and self-care							

programs to engage patients and their families and friends to participate in their care and recovery							
Use a comprehensive patient-file management system (including diagnostic and procedural codes) for documentation of patient care and health insurance management.							

Comments:

Therapeutic interventions: modalities, rehabilitation, pharmacology, and nutrition	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Missed Opportunity	Not Observed
Develops a care plan for patients including reassessment, PROs, goals, discharge summaries, and referrals.							
Selects and incorporates appropriate interventions that align with the patient care plan.							
Select, fabricate, and/or customize prophylactic, assistive, and restrictive devices, materials, techniques to be incorporated into the patient care plan.							
Provide athletic training services in a manner that uses evidence to inform practice.							
Utilizes appropriate parameters for electrical stimulation.							
Utilizes appropriate parameters for therapeutic ultrasound.							
Knowledge and application of pharmaceutical interventions and legal boundaries associated with the use of pharmaceuticals.							
Maintains accurate records of treatment, rehabilitation, and patient progression							
Knowledgeable regarding principles of rehabilitation. Able to develop and implement appropriate rehabilitation progressions for patients.							

Comments:

Organization and administrative skills	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Missed Opportunity	Not Observed
Incorporates institutional and professional policies and procedures into clinical practice.							
Knowledgeable regarding insurance, policy benefits and limitations, and the claims process.							
Proficient with the inventory and budget processes.							
Proficient with with medical and administrative records (this includes maintaining patient confidentiality, FERPA, HIPAA)							
Utilizes the appropriate referral process.							

Comments:

Strengths Noted/Goals Met:

Overall Comments:

Clinical Preceptor Signature: _____ Date: _____

Student Signature: _____ Date: _____

**Limestone University
Athletic Training Program
General Medical Rotation Evaluation**

Student: _____

Clinical Preceptor/Experience/Site: _____

Month/Year of Evaluation: _____ Athletic Training Practicum: _____

Instructions: Clinical Preceptors please fill out based on your interactions with the student during assigned clinical experiences. **Please take into consideration the level of the student in the Athletic Training Program.** Elaborate on all items marked "Disagree" or below. Also, indicate the student's strengths and weaknesses identified during the assigned clinical experience. All applicable parties must sign this evaluation.

Professional and personal qualities	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Missed Opportunity	Not Observed
Communication with patients (<i>speaks at a level and in a manner that others understand, actively listens, confident</i>)							
Communication with healthcare professionals, coaches, family members, and other applicable parties (<i>speaks at a level and in a manner that others understand, actively listens, confident</i>)							
Communication with Clinical Preceptor (<i>interacts well, actively listens, schedules appointments, in timely manner</i>)							
Work ethic (<i>strives for quality, thorough, isn't always looking to leave, responsible</i>)							
Confidence level (<i>applies skills without hesitation, eager to demonstrate, displays, appropriate level of confidence</i>)							
Shows initiative (<i>acts without being asked, stays occupied, resourceful in seeking answers</i>)							
Adaptability (<i>flexible, adjusts to changing situations/settings, resourceful</i>)							
Time management (<i>arrives on time, efficient, prepared for practice, thinks ahead</i>)							
Ethical practice (<i>treats people equally, maintains confidentiality, adheres to NATA Code of Ethics and BOC Standards of Professional Practice</i>)							
Professionalism (<i>courteous, respectful, appropriate dress, appropriate language, appropriate behavior</i>)							
Ability to handle stress (<i>handles more than one thing at a time, emotionally stable</i>)							
Advancing knowledge (<i>eager, asks questions, practices on own, self-motivator, uses EBP, works to improve</i>)							
Acceptance to constructive criticism (<i>accepts feedback positively, used in a positive manner</i>)							
Alert/prepared at practices and games (<i>ready to act, not distracted, knowledge of EAP</i>)							

Comments:

Clinical Preceptor Signature: _____ Date: _____

Student Signature: _____ Date: _____

**Limestone University
Athletic Training Program
Student Evaluation of the Affiliate Clinical Site and Clinical Preceptor**

Affiliate Clinical Site: _____
 Clinical Preceptor: _____ Student: _____
 Dates of Rotation: _____ Athletic Training Practicum: _____

Instructions: Students please fill out based on your interactions with the Clinical Preceptors during assigned clinical experiences. Please elaborate on all items marked “Disagree” or below. The feedback gained from these evaluations is considered confidential and will be utilized to strengthen the Athletic Training Program.

Affiliate Clinical Site	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Adhered to Limestone University and Athletic Training Program policies and procedures.						
Adhered to professional and facility policies and procedures.						
Provided a stimulating learning environment.						
Provided Students with adequate instructional and/or clinical supplies/equipment.						
Policies and procedures of the facility were thoroughly explained.						
Provided with information regarding expectations of patient care, treatment, and confidentiality.						
Provided Students with the appropriate training, which enabled them to better function at the facility.						
Provided Students exposure to new information, equipment, and techniques.						
Provided a supervised atmosphere where Students could integrate their clinical education into hands-on application of specific skills.						

Clinical Preceptor Professional Attributes	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Required respect from others.						
Demonstrated the quality of being respectful towards others.						
Demonstrated confidence in clinical skills.						
Professional in appearance and conduct.						
Adhered to Limestone University, AT, and Athletic Training Program						

Policies and Procedures.						
Adhered to professional and facility policies and procedures.						
Demonstrated enthusiasm towards their chosen profession.						
Promoted professional development and awareness.						

Clinical Preceptor Communication Skills	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Clearly stated rules and expectations for clinical experience/rotation; Provided appropriate orientation for clinical experience.						
Encouraged ATS to engage in discussion about relevant topics and always to ask questions.						
Dealt with problems quickly.						
Corrected individuals in a professional manner.						
Provided feedback in a timely fashion.						
Demonstrated good communication skills with Athletic Training Program faculty, fellow staff members, medical professionals, coaches, athletes, and Students.						

Clinical Preceptor Educational Abilities	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Knowledgeable about the chosen profession.						
Worked to stay up-to-date on new information/clinical skills.						
Encouraged the development of Students critical thinking skills.						
Employed evidence based practice based on clinical and patient outcomes during the course/rotation.						
Demonstrated understanding of Athletic Training Program coursework and practicum courses.						
Encouraged the development of Students critical thinking skills.						
Provided ample opportunity for hands-on application of skills.						
Allowed additional practice time, if necessary, to practice skills.						
Made themselves available to Students outside of the course/rotation.						

Demonstrated willingness to assist with evaluating clinical skills.						
---	--	--	--	--	--	--

What strengths did you note during this clinical experience/rotation? Weaknesses?

In what ways could this Clinical Preceptor be more effective? What did you think about this clinical experience/rotation? Should the Athletic Training Program continue to utilize this site?

Student Signature: _____

Date: _____

**Limestone University
Athletic Training Program
Program Evaluation of Affiliate Clinical Site and Clinical Preceptor**

Affiliate Clinical Site: _____
Date(s) Utilized: _____

Instructions: This evaluation is to be completed by an Athletic Training Program faculty member on an annual basis. Please elaborate on items marked “Disagree” or below.

Affiliate Clinical Site	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Provided students with direct supervision at all times.						
Provided Students with adequate supplies and/or equipment (including but not limited to appropriate universal precaution materials).						
Provided the Athletic Training Program with access to and documentation of an up-to-date Emergency Action Plan for all pertinent facilities.						
Provided the Athletic Training Program with access to and documentation of an up-to-date Bloodborne Pathogen Exposure Control Plan.						
Provided the Athletic Training Program with access to and documentation of an up-to-date Communicable Disease Policy.						
Provided the Athletic Training Program with access to and documentation of the facility's calibration records and electrical checks.						
Provided the Athletic Training Program with access to and documentation of the facility's policies and procedures.						
Provided all parties appropriate and timely feedback – particularly via the completion of Athletic Training Program Evaluations.						
Communicated regularly with the Athletic Training Program.						
Provided the Students with a safe and stimulating learning environment.						
Provided the Students with						

information regarding expectations of patient care, treatment, and confidentiality.						
Provided Students with the appropriate training, which enabled them to better function at the facility.						
Provided Students exposure to new information, equipment, and techniques.						

Comments:

Professional Attributes	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Required respect from others.						
Demonstrated the quality of being respectful towards others.						
Demonstrated confidence in professional abilities.						
Adhered to facility dress code.						
Adhered to professional and facility policies and procedures.						
Displayed a positive attitude towards the employment setting.						
Demonstrated enthusiasm towards the profession.						
Promoted professional development and awareness.						
Demonstrated a good rapport with Athletic Training Program faculty, fellow staff members, medical professionals, coaches, athletes, and Students.						

Comments:

Communication Skills	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Clearly stated rules and expectations for clinical experience/rotation; Provided appropriate orientation.						
Encouraged Students to engage in discussion about relevant topics and always to ask questions.						
Dealt with problems quickly.						
Corrected individuals in a professional manner.						
Provided feedback in a timely fashion						
Demonstrated good communication skills with Athletic Training Program faculty, fellow staff members, medical professionals, coaches, athletes, and Students.						

Comments:

Educational Abilities	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Knowledgeable about their profession.						
Worked to stay up-to-date on new information/clinical skills.						
Encouraged the development of Students critical thinking skills.						
Employed evidence based practice based on clinical and patient outcomes during the course/rotation.						
Provided ample opportunity for hands-on application of skills.						
Allowed additional practice time, if necessary, to practice skills.						
Made themselves available to Students outside of the course/rotation.						

Demonstrated understanding of and compliance with Athletic Training Program policies and procedures.						
Demonstrated understanding of Athletic Training Program coursework and practicum courses.						
Demonstrated willingness to assist with evaluating clinical skills.						

Comments:

Overall Comments:

Clinical Preceptor Signature: _____ Date: _____

AT Faculty Signature: _____ Date: _____

**Limestone University
Athletic Training Program
Program Evaluation of the Clinical Preceptor**

Professional Attributes	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Required respect from others.						
Demonstrated the quality of being respectful towards others.						
Demonstrated confidence in professional abilities.						
Adhered to facility dress code.						
Adhered to professional and facility policies and procedures.						
Displayed a positive attitude towards the employment setting.						
Demonstrated enthusiasm towards the profession.						
Promoted professional development and awareness.						
Demonstrated a good rapport with Athletic Training Program faculty, fellow staff members, medical professionals, coaches, athletes, and Students.						

Comments:

Communication Skills	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Clearly stated rules and expectations for clinical experience/rotation; Provided appropriate orientation.						
Encouraged Students to engage in discussion about relevant topics and always to ask questions.						
Dealt with problems quickly.						
Corrected individuals in a						

professional manner.						
Provided feedback in a timely fashion						
Demonstrated good communication skills with Athletic Training Program faculty, fellow staff members, medical professionals, coaches, athletes, and Students.						

Comments:

Educational Abilities	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Observed
Knowledgeable about their profession.						
Worked to stay up-to-date on new information/clinical skills.						
Encouraged the development of Students critical thinking skills.						
Employed evidence based practice based on clinical and patient outcomes during the course/rotation.						
Provided ample opportunity for hands-on application of skills.						
Allowed additional practice time, if necessary, to practice skills.						
Made themselves available to Students outside of the course/rotation.						
Demonstrated understanding of and compliance with Athletic Training Program policies and procedures.						
Demonstrated understanding of Athletic Training Program coursework and practicum courses.						
Demonstrated willingness to assist with evaluating clinical skills.						

Comments:

Overall Comments:

Clinical Preceptor Signature: _____ Date: _____

AT Faculty Signature: _____ Date: _____

**Limestone University
Athletic Training Program
Student Exit Evaluation**

Student: _____

Clinical Experiences: _____

Graduation Date: _____ Date Entered Limestone University: _____

I. Short Answer: Please answer the following questions candidly. The feedback obtained from this evaluation will be used to strengthen the Athletic Training Program.

1. When do you plan to sit for the BOC examination?

2. In what type of setting do you plan to seek employment?

3. Do you plan to work in the field of Athletic Training or will you use this major to assist you in further education? If so, what other courses would be of benefit?

4. How do you feel about the structure of your assigned clinical experiences? Briefly recount your clinical experiences. Do you feel that this was a valuable educational experience? Why or why not?

5. Please provide feedback regarding your experiences at affiliated clinical sites? Do you believe this to be a valuable educational experience? Why or why not?

6. Do you feel that Athletic Training Faculty, Staff, and Clinical Preceptors were able to take classroom knowledge and integrate it into practical clinical experiences?

7. Did you feel that the Athletic Training Faculty, Staff, Clinical Preceptors, and CIs were approachable and available to help you?

8. Did you feel that the Athletic Training Program was consistent in its policies and procedures?

9. Did you feel that the facilities were adequate? Did you have accessibility to various learning resources?
10. In your opinion, what could be done to improve upon Limestone University's Athletic Training Program?
11. Was your Athletic Training Experience in Limestone University's Athletic Training Program positive or negative?

II. Likert Scale: For the following questions, please circle the appropriate number to indicate your feelings regarding the quality of your education in the Content Areas. Please elaborate on all items marked "Somewhat Disagree and/or Strongly Disagree".

Strongly Agree	Somewhat Agree	Agree	Somewhat Disagree	Strongly Disagree
5	4	3	2	1

1. You were educated in the Content Area: Evidence-Based Practice.

5	4	3	2	1
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2. You were educated in the Content Area: Prevention and Health Promotion.

5	4	3	2	1
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3. You were educated in the Content Area: Clinical Examination and Diagnosis.

5	4	3	2	1
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4. You were educated in the Content Area: Acute Care of Injury and Illness.

5	4	3	2	1
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5. You were educated in the Content Area: Therapeutic Interventions.

5	4	3	2	1
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6. You were educated in the Content Area: Psychosocial Strategies and Referral.

5	4	3	2	1
---	---	---	---	---

7. You were educated in the Content Area: Healthcare Administration.

5	4	3	2	1
---	---	---	---	---

8. You were educated in the Content Area: Professional Development and Responsibility.

5	4	3	2	1
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**Limestone University
Athletic Training Program
Alumni Survey**

Gender:
Institution Affiliation:
Athletic Affiliation:
Highest Degree Earned:
Work Setting:

Please rate your satisfaction with the following:

	Very Satisfied	Somewhat satisfied	Satisfied	Somewhat dissatisfied	Dissatisfied
Use of technology					
Career advising					
Administration of program					
Course instruction					
Advising about requirements					
Clinical education experiences					
Availability of instructors					

Please rate the importance of the following:

	Very important	Somewhat important	important	Somewhat not important	Not important
Use of technology					
Career advising					
Administration of program					
Course instruction					
Advising about requirements					
Clinical education experiences					
Availability of instructors					

Please rate your ability to communicate with the following individuals:

	Excellent	Above Average	Average	Below Average	Poor
Coach/clinical director					
Patient/athlete					
Parent					
Administrative personnel					
Peer/colleagues					
Other care providers					

Please rate the following behaviors:

	Excellent	Above Average	Average	Below Average	Poor
Ability to approach individuals with different cultural backgrounds					
Making decisions and standing by them					
Independence and ability to work autonomously					
Initiative and ability to think "outside of the box"					
Ability to learn from mistakes and express humility					
Work ethic and ability to get the job done					

Exam preparation

Exam preparation:

Number of attempts:

Blend clinical and classroom:

Prepared for workforce:

Recommend (y/n):

Athletic Training Program COVID-19 Summary COVID-19 Policies and Procedures

The Athletic Training Program will adhere to the policies and procedures set forth by Limestone University. Additionally, students and Clinical Preceptors in the Athletic Training Program will be provided with the following documents:

- Athletic Training Program COVID Summary
- Athletic Training Program Guidelines for Return to Face-to-Face Experiential Learning During COVID-19 Pandemic
- Student Internship and Clinical Practicum Guidelines for the Duration of the COVID-19 Pandemic

Students will be required to participate in the following trainings:

- Hand Washing (video)
- Stop the Spread of Germs (video)
- Face Coverings (information)
- COVID-19 Education (session)

Students will also create and submit a video demonstrating the comprehension and ability to perform:

- proper hand washing and
- proper mask use at clinicals

4/27/20 CAATE Update: Delayed-Program-Completion

The Commission on Accreditation of Athletic Training Education (CAATE) continues to monitor the impact of the Coronavirus (COVID-19) pandemic on all levels of our accredited programs. Additionally, the CAATE is monitoring the responses from the Department of Education, the Council for Higher Education Accreditation (CHEA), the Association of Specialized and Programmatic Accreditors (ASPA), and those of our peer health care accreditors. The Commission recognizes the significant difficulties of operating athletic training programs during these challenging times. The CAATE is working diligently to afford programs appropriate flexibility to deal with these difficulties while at the same time being vigilant in enforcing the standards we have set forth to assure programmatic quality and protect students and the public.

As programs continue to be impacted by restricted campus access, campus closures, and restricted clinical site access, they are increasingly challenged to deliver and assess the psychomotor skills necessary to prepare students for contemporary athletic training practice. While the Commission recognizes this challenge, please be advised that programs **MUST** adequately teach and assess the necessary psychomotor skills. If programs are unable to adequately teach and assess psychomotor skills or deliver appropriate clinical experiences, they may be forced to consider a strategy for delayed program completion until such time as it is safe to bring students back to campus and send them out to clinical sites. Therefore, the Commission offers the following with regards to delayed program completion:

- Each program determines how psychomotor skills are taught and assessed. The Commission has previously approved the use of both simulation and telemedicine/telehealth. So, programs will have varying degrees of need related to in-person teaching and assessments. However, if a program's

assessment plan calls for certain skills to be learned and taught in person, then the plan must be appropriately altered, or the skills must actually be learned and taught in-person.

- While the Commission has promoted maximum flexibility regarding distance learning and clinical education, there is no circumstance in which ALL elements of in-person/face-to-face clinical learning and psychomotor skills assessments can be supplemented via distance learning/technology solutions.
- Therefore, if campus closures and/or lack of access to adequate clinical experiences precludes the adequate teaching and assessment of psychomotor skills, then programs MUST delay program completion until such time as access to in-person training allows for the adequate teaching and assessment of psychomotor skills.

Daily Operations

Athletic Training Classes and Laboratories

Students will complete a symptom checklist via Teamworks before attending classes. Temperature will be checked before entering athletic training classrooms and laboratories. This includes all athletic training facilities. Students should sanitize their hands before touching the thermometer, point the thermometer ½ inch to 2 inches from the forehead and scan, and sanitize hands afterwards. If the student has a temperature of 100.4 degrees Fahrenheit, they should email the Health Center at healthcenter@limestone.edu.

Face coverings are required at all times. Social distancing will be maintained, and seats will be assigned in the classroom and laboratory settings. Some clinical skills will require on an assigned lab partner. Prior to performing clinical skills on an assigned lab partner, students must sanitize their hands, apply gloves, and sanitize after glove removal. Equipment must be disinfected after each use.

Athletic Training Facilities

Students will adhere to the policies set forth in Limestone University Athletic Training COVID-19 Policy and Procedures document. The Athletic Training Program will verify that each facility is compliant with relevant safety guidelines from the CDC and local health authorities regarding workplace safety.

Affiliate Clinical Sites

Students will adhere to the policies of each facility. The Athletic Training Program will verify that each facility is compliant with relevant safety guidelines from the CDC and local health authorities regarding workplace safety.

Clinical Hours

Students are not permitted to participate in clinical hours until they participate in all education sessions regarding COVID-19. Clinical hours for each practicum and internship will be determined by the availability and accessibility of each site.

Professional Athletic Training Program Guidelines for Return to Face-to-Face Experiential Learning During COVID-19 Pandemic July 2020

This policy was developed based on the current guidance of the Centers for Disease Control and Prevention (CDC), the South Carolina Department of Health and Environmental Control (DHEC), the State of South Carolina, and other best practices to support the successful integration of students to clinical educational settings. As knowledge and understanding of the coronavirus (COVID-19) continue to evolve in the coming weeks, the Limestone University Athletic Training (AT) Program plans and guidance will be updated as appropriate. This document will be shared with all students, clinical education sites, and Limestone University AT Program faculty and staff.

Many health-profession programs at Limestone University require some component of face-to-face experiential learning. The AT Program is committed to assisting our students to complete face-to-face learning experiences during the Covid-19 pandemic. When possible, the AT Program will make alternative clinical experiences through online platforms as long as we can comply with current program requirements and accreditation standards. When it is determined these virtual platforms are not applicable or appropriate, it is the AT Program's responsibility to provide a safe and healthy clinical education experience for students to have face-to-face experiential learning. Below is an overview of the responsibilities/expectations pertaining to face-to-face AT clinical experiences during the Covid-19 pandemic for a) Limestone University AT Program, b) each clinical education site, and c) AT students.

Limestone University AT Program Responsibilities

1. To evaluate and communicate with students on alternative placement and virtual clinical education options during the Covid-19 pandemic, keeping in mind that in-person clinical experiences may be required to maintain academic progression and graduate on-time.
2. To verify that Limestone University AT students will have access to an adequate supply of personal protective equipment (PPE), specifically face masks.
3. To verify that Limestone University AT students will be provided training in the use of PPE, Hand Washing, Stopping the Spread of Germs, Face Coverings, and Guidelines for Returning to face-to-face clinicals prior to beginning any experience-specific activities.
4. To communicate with all clinical sites, provide this document, and ask them to acknowledge their responsibilities for providing student clinical experiences during the COVID-19 pandemic.
5. To communicate with all AT students, provide this document, and ask them to acknowledge their responsibilities for completing face-to-face clinical experiences during the COVID-19 pandemic.

Clinical Site Responsibilities

1. To verify the following in writing to the AT Program:
 - a) Protocols do not violate relevant federal, state, or local laws, regulations, or orders.
 - b) The clinical site is following all relevant safety guidance from the Centers for Disease Control and state and local health authorities regarding workplace health and safety currently in effect.
 - c) The clinical site will not knowingly permit a student to interact with individuals who have tested positive for COVID-19 or who are presumed positive for COVID-19. A procedure is in place for notifying students if they are in close contact with individuals known to have contracted or being evaluated for COVID-19.

2. To communicate any additional COVID-19 related requirements or screenings it has implemented (e.g., COVID-19 testing and daily screening protocols).
3. To provide the student a copy of any additional documentation the student may be required to complete or sign (e.g., waiver of liability, assumption of risk, release, or consent).
4. To verify that students will have access to an adequate supply of personal protective equipment (PPE) appropriate to the setting and that site will provide training in the use of such PPE prior to beginning any experience-specific activities.
5. To verify that students will be made aware of procedures to notify their preceptor if they are experiencing symptoms of any illness, particularly COVID-19.
6. To when appropriate, provide or direct students to the most up-to-date information related to COVID-19 guidance from the CDC and the health department of the state in which they will complete their experience. Please keep in mind this information will vary site by site.

Student Responsibilities

1. To complete required training by Limestone University AT Program that includes:
 - a) Watch the required videos and read informational material related to how to wear and take off face coverings and the guidelines for returning to the workplace. Required videos and documents include:
 - Hand Washing - [Video](#)
 - Stop the Spread of Germs - [Video](#)
 - Face Coverings - [Handout](#)
 - COVID-19 Education – PPT Presentation
 - b) Create and submit a video demonstrating the comprehension and ability to perform
 - proper hand washing and
 - proper mask use at clinicals.
2. To complete a “Daily Health Screening Form”. A link to this form will be provided to all athletic training students and MUST be filled out DAILY via Teamworks prior to attending classes, laboratories, and/or clinical experiences.
3. To commit to following the site’s policies and procedures, including those in place specifically related to COVID-19 prior to beginning their face-to-face clinical experiences.
4. Prior to beginning face-to-face clinical experiences, students will commit to communicating with the appropriate Limestone University administrator (e.g., program director, clinical education coordinator), Student Health Center (<https://my.limestone.edu/main-campus/student-health>), and the Office of Equity and Inclusion (<https://my.limestone.edu/academic-resources/equity-and-inclusion>) if they have any concerns about personal health or safety.

STUDENT INTERNSHIP AND CLINICAL PRACTICUM GUIDELINES FOR THE DURATION OF THE COVID-19 PANDEMIC

Limestone University will allow students to participate in and receive academic credit for internship experiences and clinical practicums where the student and the internship/clinical coordinator verify the following:

1. That the student and the internship/clinical coordinator have evaluated alternative placement options that would allow the student to maintain progress toward graduation and/or licensing requirements without being required to participate in an in-person internship experience or clinical practicum at this time. (Please explain below.)

Based on our Athletic Training (AT) Program's plan for clinical learning and psychomotor skills assessments, as well as recommendations from the CAATE, failure to complete face-to-face clinicals in the fall of 2020 will have an impact on a student's graduation date for May of 2021. Face-to-face interaction is a vital component to AT education and there are some specific educational standards/competencies that cannot be completed virtually at this time. Not completing a fall face-to-face clinical would likely result in pushing back graduation until Summer of 2021 to make up clinical education requirements. Alternative options will continue to be discussed as circumstances pertaining to the Covid-19 pandemic change.

2. That the internship/clinical coordinator has received written assurances that student placement at the internship/clinical site does not violate relevant federal, state, or local laws, regulations, or orders. (Please explain below.)

The AT Program has implemented safety procedures that all clinical education sites must comply with prior to having AT students attend. These guidelines are in accordance with federal, state, local, and Limestone University current policies. Each clinical site will be evaluated by the AT Program Clinical Education Coordinator (CEC) to assure that all policies are in place prior to sending students for clinical education experiences.

3. That the internship/clinical coordinator has received written assurances that the internship/clinical site will comply with all relevant safety guidance from the Centers for Disease Control and state and local health authorities regarding workplace health and safety currently in effect, such as cleaning and sanitation, social distancing, limited size of gatherings, and providing adequate personal protective equipment (PPE) for the student. (Please describe below.)

Each clinical site will be evaluated by the AT CEC to assure compliance with relevant safety guidelines from the CDC and local health authorities regarding workplace safety. The AT program is using the Limestone University Response to COVID-19 Policies for guidance. The Limestone University AT program has created a COVID-19 Return-to-Clinical Education policy for athletic training students that includes tutorials on Hand Washing, Stop the Spread of Germs, Face Coverings, and COVID-19 Education PowerPoint Presentation. Students and clinical sites will be educated and trained on these policies prior to students attending the clinical site.

4. That the internship/clinical coordinator has received written assurances that the internship/clinical site will not knowingly permit a student to interact with individuals who have tested positive for COVID-19 or who are presumed positive for COVID-19. (Please describe below.)

As part of the return to clinical education for the AT Program, preceptors will be informed that athletic training students should have no interaction with an athlete/patient suspected of Covid-19. If an athletic training student suspects an athletic/patient has Covid-19, they should contact their preceptor immediately for referral to a physician.